

Freedom of Information Request: Our Reference CTHB_212_19

You asked:

- 1) How many new pessaries are inserted in your Trust/ CCG/ Practice in the last year?
- 2) How many pessaries are changed in your Trust/ CCG/ Practice in the last year?
- 3) What are the training requirements for a pessary practitioner in your Trust/ CCG/Practice? Please share any related competency or training documents
- 4) Who provides pessary care in your Trust/ CCG/ Practice?

Our response:

Please see our response provided in attachment 1 as requested.

Please note that Cwm Taf Morgannwg University Health Board was established on 1 April 2019. Therefore due to the timeframe requested, the information below relates to the previous Cwm Taf area and does not reflect the recent boundary change.

Name of organisation: Cwm Taf University Health Board (2018/2019)

Question	Number	Comments
How many new pessaries are inserted in your Health Board in the last year?	723	UHB for the financial year 18/19.
How many pessaries are changed in your Health Board in the last year?		We cannot reliably separate the renewals from routine follow ups, therefore it is difficult to answer accurately. However, changes are undertaken routinely every 3 months.
What are the training requirements for a pessary practitioner in your Health Board? <i>Please share any related competency or training documents</i>		<p>Nurse Perspective:</p> <ul style="list-style-type: none"> We hold Nurse led Pessary clinics. Nurses have to achieve and complete competencies and are signed off by one of our specialist medical practitioners who are all MRCOG, or are Specialist Trained Nurses. All our Nurses participating in pessary clinics, will also hold Post Grad Cervical Cytology certificate and either a recognised Integrated sexual health certificate/diploma or the Diploma in Sexual and Reproductive Health, or be trained in Urodynamics/Urogynaecology and hold the appropriate training certificates Current documentation attached (attachment 2) - reviewed 3 yearly unless any changes via NICE/RCOG

Who provides pessary care in your Health Board? (see table below and tick all that apply)

Designation:	Please tick all that apply
Consultant Urogynaecologist	Yes
Consultant Gynaecologist	Yes
Urogynaecology Subspecialist Trainee	Yes if we have one
Junior Doctor	Sho level no
Nurse Consultant	NA
Advanced Nurse Practitioner	Yes
Specialist Nurse	Yes
Staff Nurse	No
Assistant Practitioner	NA
Clinical Support Worker/Auxillary Nurse/Nursing assistant	No
Physiotherapist	No
Midwife	No
Other (please specify)	NA



Cwm Taf University Health Board

Nurse Led Pessary Clinic

Competencies

Miss Helen Bayliss, Consultant O&G/ Mrs. SA Vine, Senior Nurse

Revised January 2017

Introduction

If nurses are to advance their clinical roles, education and training agendas need to reflect these changes.

Nurses practicing at this level of clinical practice are able to work according to local protocols, to co-ordinate the comprehensive care of clients who may or may not be undifferentiated from those seen by doctors. They can work autonomously without necessarily asking the advice of a doctor. Any nurse working at this level is required to work within the boundaries of their own knowledge and competence, and refer to, or seek advice/opinions from medical colleagues for cases beyond their clinical expertise.

These Competencies have been developed between Consultants and the Senior Nurse,, to ensure that nurses are supported in the delivery of service provision at a local level.

Qualification:

- ◆ Registered nurse/midwife
- ◆ CSW Certificate
- ◆ Integrated SH Certificate/Diploma

Objective 1 – To demonstrate appropriate attitudes in Clinic settings

	Competent	Unattained	Mentor's signature & date
<p>Attitudes –</p> <ul style="list-style-type: none"> • Display tact, empathy respect and concern for clients • Respect client confidentiality • Respect client choice • Be non-judgmental • Be aware of patient dignity and need for chaperone • Be aware of religious, cultural and social factors and how these may influence presentation and management • Be aware of how other vulnerable groups, such as those with mental health problems or physical disabilities may present • Work in collaboration with multi-disciplinary team and other agencies • Demonstrate willingness to refer clients to specialist services and ask for help as appropriate 			

Objective 2 – To correctly carry out a full clinical history .

	Competent	Unattained	Mentor's signature & date
<p>Knowledge – different types of prolepses and problems associated with them</p> <p>Able to define;</p> <p>Rectocele</p> <p>Cystocele</p> <p>Urethrocele</p> <p>Enterocele</p> <p>Uterine prolapse: Grade 1 Grade 2 Grade 3</p> <p>Vaginal prolapse</p> <ul style="list-style-type: none"> • Appropriate questions asked to identify prolepses • Presentations of associated problems • Presentations of psychosexual problems and when to refer for treatment • Familiarity with, and application of, national guidelines in relation to consent and confidentiality <p>Knowledge – importance of relevant history</p> <ul style="list-style-type: none"> • Medical • Surgical • Obstetric • Gynaecological (menstrual, contraception, cervical cytology, investigations) • Referral pathways 			
<p>Skills</p> <ul style="list-style-type: none"> • Use consultation skills to communicate with clients in an appropriate manner 			

<ul style="list-style-type: none">• Take a detailed relevant history as above• Recognise symptoms of prolepses and related conditions• Recognise appropriateness of current treatment• Assess associated benefits/ complications of treatment• Recognise the need for appropriate referral			
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Objective 3 – To correctly carry out a genital examination

	Competent	Unattained	Mentor's signature & date
Knowledge <ul style="list-style-type: none">• Anatomy and physiology of the female genital tract• Patho-physiological basis of physical signs• Be aware/familiar with national and local infection control policies and how to protect self and others			
Skills <ul style="list-style-type: none">• Explain procedures to client• Undertake physical examinations and procedures as appropriate• Use instruments skillfully• Ability to identify physical signs with minimal discomfort to client• Refer as appropriate			

Objective 4 – To correctly provide advice/ insertion of pessary

	Competent	Unattained	Mentor's signature & date
Knowledge <ul style="list-style-type: none">• Different types of Pessary• Risk of displacement/infection			
Skills <ul style="list-style-type: none">• Give clear information to clients on insertion, removing and cleaning Pessary• Advise on appropriate need for follow up• Be able to correctly insert Pessary• Counsel regarding sexual activity• Refer as necessary			

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