

## Freedom of Information Request: Our Reference CTHB\_414\_19

Clarification provided:

In relation to question 1 and 3, the mental health treatment I am referring to is all psychological and talking therapies (be that CBT, Behavioural, Psychoanalytical/Psychodynamic, etc) offered by your Primary and Secondary Mental Health Services following the initial assessment.

In relation to question 2, I am looking for the current wait time to treatment by psychiatrists / therapists.

### You asked:

- 1. What is the current waiting list for Mental Health treatment for adults (from 18 upwards) at your University Health Board? (Should this be broken down into divisions/counties please provide the waiting list for each division/county.) \*\***

The current wait as at 30<sup>th</sup> November 2019 for Psychological Therapy intervention is as per the table below of figures which are reported to Welsh Government:

Number of Patients who are Waiting to Start a Psychological Therapy	Patients waiting up to and including 84 days (<=11 weeks)	137
	Patients waiting 85 days and over up to and including 126 days (12-17 weeks)	59
	Patients waiting 127 days and over and up to and including 182 (18-25 weeks)	30
	Patients waiting 183 days and over and up to and including 252 days (26-35 weeks)	31
	Patients waiting 253 days and over and up to and including 364 days (36-51 weeks)	19
	Patients waiting 365 days and over (>=52 weeks)	8

- 2. What is the current average waiting time to be seen by a Psychologist/Therapist in your Health Board? Should services be broken down into counties/divisions please provide a breakdown of the average waiting time in each county/division. )\*\***

We confirmed with yourself that for this question you required the current wait times which we have documented above.

- 3. What is the longest length of time an individual patient has waited for mental health treatment in the past three years? 2016 - present. Please provide a breakdown for each county/division.\*\***

We confirmed with yourself that for this question you would like the figure for the longest length of time an individual has waited to date for Psychological Therapy. We can confirm that this is 23 months. However within this time this patient has had 2 assessment appointments. Please note that Psychological Therapy wait times have only been reported

since April 2018 and therefore we are only able to supply this information from that date onwards.

**\*\* e.g Hywel Dda healthboard is seperated into counties - Carmarthenshire, Ceredigion, Pembrokeshire and Betsi Cadwaladr is split into 3 divisions ( East, central and West.) \*\***