

## **Freedom of Information Request: Our Reference CTHB\_413\_19**

### **You asked:**

- 1) After the first initial talking therapy session/mental health assessment how many patients waited more than the nationally set waiting time target of 6 weeks to begin their recommended psychological/talking therapy as determined by the initial assessment? (please provide a breakdown from the last 3 years - 2016 - 2019, in calendar years not fiscal) Should services be broken down into counties/divisions please provide a breakdown of this information.**

I can confirm that the Health Board does not centrally record this information. The information you require would be recorded within an individual patient's health record as part of their ongoing care. To provide you with this information, would require a manual trawl and significantly exceed the 18 hours time and £450 cost limit set out within Section 12 of the Freedom of Information Act.

The Health Board reports on the target waiting time of 26 weeks from referral to start of treatment however, this was only reported since 2018.

- 2) And of those, how many waited (please provide a breakdown from the last 3 years - 2016 - 2019, in calendar years not fiscal)**
  - more than 3 months**
  - more than 6 months**
  - more than 9 months**

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