

## **Freedom of Information Request: Our Reference CTHB\_102\_19**

### **You asked:**

I am writing to you under the Freedom of Information Act 2000 to request information regarding eating disorders treatment for adults (18+ year olds) provided by your Health Board. Please find the request attached, along with tables to assist with the response. I have sent the questions as an attachment to avoid problems with email formatting.

### **Our response:**

Please find information attached.

I am writing to you under the Freedom of Information Act 2000 to request information regarding eating disorders treatment for adults (18+ year olds) provided by your Health Board. Please do not provide data which relates to the treatment of children and young people (Under 18s).

1. Please complete the table below, regarding the number of Adult patients (18+ year olds) requiring eating disorder treatment who had been assessed, were under treatment for their eating disorder from your Health Board and had not yet been discharged (number of patients which the Health Board carried responsibility for) on the dates specified, broken down by the type of mental health service they were primarily receiving treatment from.

Please do not provide data which relates to the treatment of children and young people (Under 18s). The Tiers referred to in columns 2, 3 and 4 of the table below are defined in [‘Eating Disorders - A Framework for Wales’](#).

Please find below the number of Adult patients requiring eating disorder treatment under Tier 1 and Tier 2 who had been assessed, were under treatment for their eating disorder and had not yet been discharged:

| Caseloads (number of patients)  |                                           |                    |                                                      |                        |
|---------------------------------|-------------------------------------------|--------------------|------------------------------------------------------|------------------------|
|                                 | Tier 1 (e.g. Primary Mental Health Teams) | Tier 2 (e.g. CMHT) | Tier 3 (Specialist Eating Disorders) [If applicable] | Other (Please specify) |
| At: 31 <sup>st</sup> March 2017 | 9                                         | 9                  | *N/A                                                 | -                      |
| At: 31 <sup>st</sup> March 2018 | 20                                        | 17                 | *N/A                                                 | -                      |

\*Please note that Cwm Taf Morgannwg University Health Board does not provide a Tier 3 Specialist Adult Eating Disorder Service, this Service is provided by Cardiff and Vale University Health Board.

2. During the financial years 2016-2017 and 2017-2018, did your Health Board provide eating disorders treatment for adult (18+ year old) patients who were resident within the geographic area of any other Health Board/s in Wales? If so please provide information on this below, including the number of such patients (if any) who were included in answer to question 1, and corresponding detail on the geographic areas covered (this would enable us to put any data provided in answer to question 1 into context).

*For example: ‘The catchment area of the Tier 3 Specialist Adult Eating Disorders service we provide includes the entire geographic area of XYZ Health Board. Twenty of the patients on caseload at 31 March 2017 at this service were residents of the geographic area of XYZ Health Board. Thirty of the patients on caseload at 31 March 2018 at this service were residents of the geographic area of XYZ Health Board’.*

During the financial years 2016-2017 and 2017-2018 the former Cwm Taf University Health Board (now Cwm Taf Morgannwg) did not provide eating disorders treatment for adult patients who were resident within the geographic area of any other Health Boards in Wales.

3. Please complete the tables below, regarding referral to start of treatment waiting times for outpatient psychological intervention for an Eating Disorder, for each Tier of service provided by your Health Board.

The Tiers referred to in the two tables below are defined in [‘Eating Disorders - A Framework for Wales’](#). Please do not provide data which relates to the treatment of children and young people (Under 18s) or Inpatient treatment. Please count ‘start of treatment’ as the date of the second appointment at that service.

Please find below data relating to “Referral to start of treatment waiting time” for Adult patients at Tier 1 and Tier 2 that received treatment for eating disorders within Cwm Taf Morgannwg University Health Board.

Please note that the data below relates to appointments that patients have attended and does not reflect appointments that patients “did not attend” and were rescheduled, as this may have lengthened some waiting times.

| <b>Eating Disorders treatment for Adults at Tier 1 (e.g. Primary Mental Health Team)</b>                                                    |           |            |             |             |               |                                                               |                                      |                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------|-----------|------------|-------------|-------------|---------------|---------------------------------------------------------------|--------------------------------------|----------------------------------------|
| Referral to start of treatment waiting times:                                                                                               |           |            |             |             |               |                                                               |                                      |                                        |
| <i>Please measure this as the length of time between the referral being received by the service and the date of the second appointment.</i> |           |            |             |             |               |                                                               |                                      |                                        |
| Year/Wait                                                                                                                                   | < 4 weeks | 4-10 weeks | 11-17 weeks | 18-24 weeks | Over 24 weeks | N/A (Still waiting to begin treatment at the end of tax year) | Mean average waiting time (in weeks) | Median average waiting time (in weeks) |
| Patients added to the caseload during 2016/2017                                                                                             | 1         | 5          |             | 1           |               | 1                                                             | 7                                    | 5                                      |
| Patients added to the caseload during 2017/2018                                                                                             | 2         | 5          | 1           | 1           |               | 2                                                             | 7                                    | 5.5                                    |

### Eating Disorders treatment for Adults at Tier 2 (e.g. CMHT)

Referral to start of treatment waiting times:

*Please measure this as the length of time between the referral being received by the service and the date of the second appointment.*

| Year/Wait                                       | < 4 weeks | 4-10 weeks | 11-17 weeks | 18-24 weeks | Over 24 weeks | N/A (Still waiting to begin treatment at the end of tax year) | Mean average waiting time (in weeks) | Median average waiting time (in weeks) |
|-------------------------------------------------|-----------|------------|-------------|-------------|---------------|---------------------------------------------------------------|--------------------------------------|----------------------------------------|
| Patients added to the caseload during 2016/2017 | 1         |            | 1           |             |               | 3                                                             | 8.5                                  | 8.5                                    |
| Patients added to the caseload during 2017/2018 | 5         | 7          | 1           |             |               | 1                                                             | 4.5                                  | 4                                      |

Cwm Taf Morgannwg University Health Board does not provide a Tier 3 Specialist Adult Eating Disorder Service. We are therefore unable to provide any data relating to the waiting times for this service.

Eating Disorders treatment for Adults at Tier 3 (Specialist Adult Eating Disorders Service) [If applicable]

Referral to start of treatment waiting times:

Please measure this as the length of time between the referral being received by the service and the date of the second appointment.

[illegible]

4. Do you provide a Specialist (Tier 3) Adult Eating Disorders Service? If yes, please answer the questions below, if no then there are no further questions.

Cwm Taf Morgannwg University Health Board does not provide a Tier 3 Specialist Adult Eating Disorder Service, this Service is provided by Cardiff and Vale University Health Board.

- 4a. Please state the total workforce (in WTE) working at your Specialist (Tier 3) Adult Eating Disorders Service as it was on the dates below:  
*Please include staff in post (including temporary staff) and any bank and agency staff which were working on those dates.*

- i. 31 March 2017
- ii. 31 March 2018

N/A

- 4b. Please state the number of vacancies (in WTE) at your Specialist (Tier 3) Adult Eating Disorders Service as it was on the dates below:

- i. 31 March 2017
- ii. 31 March 2018

N/A