

Freedom of Information Request: Our Reference CTHB_383_18

You asked:

Clarification received - 'Events' refers to the number of episodes of seclusion and/or restraint during the time period.

'patients exposed' refers to the percentage of patients who were secluded and or restrained during the time period.

I was hoping to get data for the year 2016/2017 on:

1. number of admissions (formal and informal) to psychiatric facilities;

There were 958 admissions (formal and informal) to Adult and Older Adult Mental Health Wards for 2016/2017.

2. number of restraints;

There was a total of 145 restraints recorded on both Adult and Older Adult Mental Health wards for 2016/2017.

3. number of restraints per 100 admissions per month;

Please find below the number of restraints per month for 2016/2017:

Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Total
17	14	7	9	13	12	13	11	5	14	18	12	145

Please find below the number of admissions per month for 2016/2017:

Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Total
86	88	74	82	82	85	75	69	75	82	84	76	958

The average number of admissions per month for 2016/2017 was 79.8 (958 admissions/12 months)

4. patients affected by restraint per 100 admissions per month;

There was 71 patients affected by restraint year 2016/2017. This figure includes patients affected by restraint on a one off occasion and patients affected by restraint on multiple occasions.

Please find below the number of admissions per month for the year 2016/2017:

Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Total
86	88	74	82	82	85	75	69	75	82	84	76	958

The average number of admissions per month for 2016/2017 was 79.8 (958 admissions/12 months)

5. events per 100 occupied bed days per month;

The term "events" was clarified by yourself as either "seclusion" or "restraint". The Mental Health Wards within Cwm Taf University Board do not provide any seclusion facilities and therefore the data provided is around "restraint" events only.

There was 145 restraints for 2016/2017.

Please find below the number of occupied bed days per month for 2016/2017:

	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Total
Total Bed Occupancy	4598	4776	4571	4644	4639	4598	4955	4391	4422	4373	3745	4110	53822

6. events per 100,000 population per year;

The term "events" was clarified by yourself as either "seclusion" or "restraint". The Mental Health Wards within Cwm Taf University Board do not provide any seclusion facilities and therefore the data provided is around "restraint" events only.

For 2016/2017 there were 145 restraints. The population for Cwm Taf University Health for 2016/2017 was approx. 300,000 (Cwm Taf UHB Annual Report 2016/2017).

The average number of events per population for 2016/2017 was 0.0004 (145 restraints/300,000 population).

7. patients affected by restraint per 100 occupied bed days per month;

For 2016/2017 there was 71 patients affected by restraint.

Please find below the number of occupied bed days per month for 2016 / 2017:

	Apr	May	Jun	Jul	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	Total
Total Bed Occupancy	4598	4776	4571	4644	4639	4598	4955	4391	4422	4373	3745	4110	53822

8. average number of restraints per affected patients

The average number of restraints per affected patients for 2016/2017 is 2.04 (145 restraints/71 affected patients).

9. percentage of patients exposed

“patients exposed” refers to the percentage of patients who were secluded and or restrained during the time period as clarified by yourself.

The percentage of patients exposed is 49%.