

## **Freedom of Information Request: Our Reference CTHB\_468\_18**

### **You asked:**

I am writing to you requesting your help and guidance in accessing information and data on the following points, pertaining to civil (non-criminal, non- forensic) Adult (aged 18 and above) inpatient psychiatric facilities:

#### **1. The total number of patients admitted per year to psychiatric inpatient facilities, for the calendar year 1 Jan. 2016 to 31 Dec. 2016 (inclusive)**

During the period 1 January 2016 to 31 December 2016 there were 958 patients admitted to psychiatric inpatient facilities.

#### **2. The total number of patients restrained in civil (non-criminal, non- forensic) Adult (aged 18 and above) inpatient psychiatric facilities**

During the period 1 January 2016 to 31 December 2016 there were 22 patients restrained.

After every restraint carried out an audit form should be completed. Data is available for 16 of these restraints.

#### **3. Of these restraint episodes, the average time of restraint in minutes**

The average time of restraint for the 16 restraint episodes was 11 minutes.

#### **4. The legal status of those restrained, i.e. whether formal/informal/voluntary/involuntary**

The legal status of those restrained consisted of both informal and formal patients.

During the period 1 January 2016 to 31 December 2016, 3 were informal patients and 13 patients had a legal status of being detained under the Mental Health Act.

#### **5. The age and gender of those restrained**

During the period 1 January 2016 to 31 December 2016, there were 7 male patients and 9 female patients that were restrained.

The age range of these patients were between 20 years and 78 years.

**6. The purpose of the restraint e.g medication administration / seclusion / person at risk of self-harm or violence**

The following are reasons why restraint techniques were carried out:

- Patient presented a danger to themselves
- Patient presented a danger to others
- Patient was non-compliant with medication

**7. The average number of episodes of restraint per patient in psychiatric inpatient facilities**

During the period 1 January 2016 to 31 December 2016 the average number of episodes of restraint per patient was 0.02.

**8. The average number of psychiatric beds occupied on an average day in 2016.**

On an average day in 2016 there were 141.22 adult psychiatric beds occupied in Cwm Taf University Health Board.

**9. The population served by these psychiatric inpatient facilities, and the age / gender breakdown of the population**

The information you require is published on StatsWales. Please see link provided below:

<https://statswales.gov.wales/Catalogue/Population-and-Migration/Population/Estimates/Local-Health-Boards/populationestimates-by-lhb-age>

**10. The legal definition of restraint within your country's mental health system**

The following definitions are taken from Cwm Taf University Health Board's Mental Health Policy Recognition Prevention and Therapeutic Management of Violence:

**Restrictive Physical Intervention (RPI):**

The Wales Assembly Government defines RPI as, reference Welsh Assembly Government Framework for RPI Policy and Practice (2005):

Direct physical contact between persons where reasonable force is positively applied against resistance, either to restrict movement or mobility or to disengage from harmful behaviour displayed by an individual.

**Clinical holding:**

Clinical holding as taken from the Mental Capacity Act 2005 is the use of restrictive physical interventions that enable staff to effectively assess or deliver clinical care and treatment to an individual who are unable to comply. Clinical holding may be defined as the proactive holding of part of the body to allow a procedure to be carried out.