

Freedom of Information Request: Our Reference CTHB_192_18

You asked:

1) Does your Health Board offer a Health and Wellbeing event accessible to all breast cancer patients at the end of hospital-based treatment?

(A Health and Wellbeing event is defined as a group education and support event which helps people to manage their physical and psychological health after a cancer diagnosis.)

Yes

2) If the Health Board does offer a Health and Wellbeing event for breast cancer patients, are these events:

For people with all types of cancer

3) For breast cancer patients who have completed their hospital-based treatment, do the nurses in the breast care unit routinely make direct referrals, where appropriate, to the following?

(By 'direct referral' we mean gaining consent from a patient to pass on their details to a support service or arranging for someone from the service to contact the patient)

Services provided by charities

- a. Support services provided by charities that support people with cancer - Yes**
- b. Support services provided by charities that support people with breast cancer only - Yes**

NHS Services

- c. Counselling / psychology services within the NHS - Yes**
- d. Physiotherapy services within the NHS - Yes**
- e. Fertility services within the NHS - Yes**
- f. Lymphoedema services within the NHS - Yes**
- g. Other support services – please specify below - Yes**
 - Rowan Tree
 - Cancer Aid
 - Saint Davids
 - The Haven
 - Sandville

- Velindre
- MacMillan
- Helping Hands
- Look good feel better
- Moving forward programme
- Wig/hair loss services
- Cosmetic micropigmentation
- Relate
- Cruse
- Carers Support Networks
- NERS
- Psychology
- HOPE Programme

4) If you do not refer to some/any of the services in question 3, is this due to any of the reasons below? Please indicate all that apply.

N/A