

**Freedom of Information Request: Our Reference CTHB\_73\_18**

**You asked:**

- 1. How many patients are currently waiting to start psychological “talking therapies”, (such as counselling, CBT, psychotherapy, group therapy, mindfulness and relationship therapy)?**

464.

- 2. How many of those waiting have been waiting between 3- 6 months for treatment?**

8.

- 3. How many of those waiting have been waiting between 6-9 months for treatment?**

2.

- 4. How many of those waiting have been waiting between 9-12 months for treatment?**

2.

- 5. How many have been waiting longer than 12 months for treatment?**

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