

## **Freedom of Information Request: Our Reference CTHB\_310\_17**

### **You asked:**

- 1) How many women were referred for treatment because of potentially suffering from postnatal PTSD in i) 2012; ii) 2013; iii) 2014; iv) 2015; v) 2016?**

Cwm Taf University Health Board has collected this information since 2016. In that year, 12 patients were referred.

- 2) How many men were referred for treatment because of potentially suffering from PTSD relating to their partner's childbirth in i) 2012; ii) 2013; iii) 2014; iv) 2015; v) 2016?**

Unfortunately, we are unable to extrapolate this level of information for your request as our information systems capture the details of the mother only in terms of antenatal, labour and post natal care. In terms of our adult mental health services, it is our aim that any father with a mental health need, including following the birth of a child, will receive an appropriate assessment within 28 days of referral to our Primary Mental Health Service. If appropriate, this would be followed by a therapeutic intervention or treatment within 28 days.

- 3) How many people were referred for treatment for PTSD generally in i) 2012; ii) 2013; iii) 2014; iv) 2015; v) 2016?**

This information is not currently held however, the directorate is looking at new ways of gathering this information.

- 4) How many mental health specialists are there who treat people suffering from postnatal PTSD in the trust?**

There are no dedicated mental health specialists who deal with this group of patients. If a patient is referred, clinicians will ensure that they are treated and seek help from other colleagues if appropriate.