

**Freedom of Information Request: Our Reference CTHB\_383\_17**

**You asked:**

**1) Does your CCG have a policy on the use of health apps?**

The Health Board has no specific policy in place for health apps.

**2) If yes, please provide the policy (or policies) and contact details.**

N/A.

**3) Do you currently have specific budgets for the use of health apps within your CCG?**

No.

**4) If yes, please provide a contact for any budgets related to the use of health apps.**

N/A

**5) Are there individual health apps specified for patient use? Please provide a list of these.**

The Health Board has no specific patient health apps for patient use that fit this description.

**6) If yes, please specify which of these health apps is paid for by the CCG.**

N/A.

**7) Please specify who is responsible for the funding of each app that is paid for by the CCG and provide contact details?**

N/A

**Definition** "health app": A health app is an application optimised for smartphone or tablet use which delivers an intervention to the patient, including but not limited to: Education, coaching, peer to peer support, Health Care Professional support, collection of health data such as blood glucose values, heart rate, pulse, weight etc,, and assistance in managing a health condition such as COPD. The app can be part of a wider service

offered to the CCG (for example myCOPD). Any software that solely relies upon desktop systems or is fully web browser based are excluded.

**Definition** “specified for patient use”: Made available to the patient by prescription, referral or recommendation by either a healthcare professional or through a CCG run programme such as the CCG website or an initiative.