

## **Freedom of Information Request: Our Reference CTHB\_97\_17**

### **You asked:**

**1. Could you confirm if there is a guidance / formulary in place relating to the prescribing of blood glucose meters across the CWM TAF LHB area. If this does currently exist, please could you provide a copy.**

Guidance was issued in 2015 regarding preferred blood glucose meters. A copy of this guidance has been attached for you. Please note that there are other meters that may be required by patients for specific purposes, e.g. blood ketone monitors, bolus advisors, meters for visual impairment. These meters will still be used when necessary and compatible sensors/strips will be required to be prescribed

**2. Could you please provide contact details for the person responsible for drawing up such guidance on blood glucose meters at LHB/ Medicines Management level.**

There are no plans at present to draw up new guidance and therefore the contacts have not changed from those included in the 2015 document. Should it be necessary to draw up new guidance then a task and finish group would be convened as required.

**3. Are there any financial rebates in place with chosen suppliers relating to the supply of blood glucose strips?**

There are no rebates in place.

**4. Are there any financial rebates in place with chosen suppliers relating to the supply of insulin pen needles?**

There are no rebates in place.

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## Blood Glucose Meters - Information for all Healthcare Professionals in Cwm Taf January 2015

### **Preferred Meters - Cwm Taf UHB;**

#### **MyLife Pura (Ypsomed)**

#### **True You**

Self monitoring of blood glucose (SMBG) with appropriate education should be available to people with diabetes as part of the management of their condition.

There should be an agreed purpose or goal to monitoring including information on how results can be used to reinforce lifestyle change, adjust therapy or alert healthcare professionals to problems or trends.

Target setting, frequency of testing, timing and duration of monitoring, should be agreed between the healthcare professional and the individual with reference to NICE guidance and information from the DVLA for people with diabetes.

#### **Choice of Blood Glucose Meters**

There are a number different types of meters available for blood glucose testing which can cause confusion for patients and healthcare professionals leading to prescribing errors and wastage. Over the last 12 months, a UHB multidisciplinary group have carried out a review process of the meters. The group considered patient acceptability, training requirements, availability, reliability, meter accuracy, date and time facility along with memory in line with DVLA requirements and the cost of the testing strips

The result of this work has resulted in the list of **preferred** meters for use in Cwm Taf UHB that has been approved by the UHB Medicines Management Committee based on recommendations from the UHB Point of care testing group.

Please note that there are other meters that may be required by patients for specific purposes, e.g. blood ketone monitors, bolus advisors, meters for visual impairment. These meters will still be used

when necessary and compatible sensors/strips will be required to be prescribed

### **Implementation of 'Preferred List'**

#### **1) Newly diagnosed patients**

For newly diagnosed patients who need to monitor their blood glucose, these meters should be considered as a first line option where appropriate.

#### **2) Patients already testing blood glucose**

For patients already testing, the advice is only to consider switching to one of the above meters where appropriate e.g. during the annual review, patients needing a new meter, patients not able to use their current meter.

We DO NOT recommend that any patients are changed to a new meter without a face to face discussion.

#### **3) Supply of Meters**

A small number of meters will be provided to each GP surgery and training for staff organised where needed. This will be done by the companies supplying the meters. The companies will be asked to contact GP practices to arrange a convenient time to visit to supply the meters and check on any training requirements.

We DO NOT advise any use of company representatives for switching of meters.

**For any further information, please contact**

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