

Freedom of Information Request: Our Reference CTHB_101_17

You asked:

The Welsh Government have told me that as part of their £3 million investment in Psychological therapies over the last 2 years, that LHB's have been allowed to use some of this investment for additional psychological therapy sessions in the short term to reduce waiting lists.

Can you tell me if as an NHS Health board, if you are currently using private BABCP accredited CBT practitioners to give therapy to any of your patients suffering from OCD?

If the answer is yes any information on the numbers of patients being helped in this way would be helpful.

Our response:

I can confirm we are not currently using any private BABCP CBT therapists.