

Freedom of Information Request: Our Reference CTHB_351_16

Our response:

The Child and Adolescent Mental Health Services (CAMHS) are provided through a regional NHS network, hosted by Cwm Taf University Health Board to children and adolescents for the University Health Board areas of:

- Cwm Taf (CT)
- Abertawe Bro Morgannwg (ABM)
- Cardiff and the Vale (C&V)

The service covers a population of approximately 1.2 million people. Please note that our response relates to all areas mentioned above.

In relation to your queries, we are able to answer some of the questions asked but unfortunately not all. We have documented below our responses point by point:

1. What proportion of children and young people with symptoms of ADHD have been referred to an ADHD specialist for assessment in the past 12 months (Quality Statement 1)

Unfortunately we do not hold information in the way you request. Neurodevelopmental conditions such as autism, ADHD and Tourette's syndrome are recorded together. Therefore we are unable to calculate the proportion referred with ADHD as requested.

2. What proportion of adults with symptoms of ADHD without a childhood diagnosis of ADHD have been referred to an ADHD specialist for assessment in the past 12 months (Quality Statement 2)

As above, we do not centrally record this information within Adult Mental Health. We also only provide services as a clinical network for the Child and Adolescent Mental Health services for the neighbouring Health Boards not adult services.

3. What proportion of adults who were diagnosed with ADHD as children or young people and present with symptoms of continuing ADHD have been referred to general adult psychiatric services in the past 12 months (Quality Statement 3)

As per Question 2.

4. What proportion of parents or carers of children with symptoms of ADHD who meet the NICE eligibility criteria have been offered a referral to a parent training programme in the past 12 months (Quality Statement 4)

Within ABMU Health Board, all parents/carers of newly diagnosed children and young people with ADHD within our service were referred to a parent training programme (with a Parent Support Officer for ADHD).

This service is not currently available within CTUHB and C&V Health Boards.

5. What proportion of children and young people with moderate ADHD have been offered a referral to a psychological group treatment programme in the past 12 months (Quality Statement 5)

None of our young people have been offered psychological group treatment plan.

6. In the past 24 months, what proportion of eligible patients with ADHD who are starting drug treatment go on to have their initial drug dose adjusted and response assessed by an ADHD specialist (Quality Statement 6)

It is standard practice to do this. All of our young people who have started on medication have follow up reviews within our CAMH Service to monitor and adjust dose as necessary.

7. In the past 24 months, what proportion of eligible patients with ADHD who are taking drug treatment have a specialist review at least annually to assess their need for continued treatment (Quality Statement 7)

We have arrangements in place to review all children and young people on ADHD medication at least annually.

In addition, can you please provide information on:

8. The number of people with symptoms of ADHD who have come into contact with your service in the past 12 months:

- **Children and young people**
- **Adults**

As per previous responses, we are unable to provide this data as our system does not allow us to split the data by specific condition.

9. The number of people referred with symptoms of ADHD who are currently waiting for their first outpatients appointment:

- **Children and young people**
- **Adults**

For Cwm Taf children and young people, a new Neuro Developmental team was established in April this year. Figures requested are listed below:

- Waiting for first outpatient appointment: 76
- Average waiting time from referral to first outpatient appointment: 23 wks
- Mean waiting time: 15 wks

For ABMU children and young people, our data is collated under Neuro-developmental Disorders which encompasses a number of clinical conditions. As the questions relate specifically to ADHD we are unable to provide this information by specific condition.

We do not centrally record this information within the Adult Mental Health Services. However, although we do not current have an integrated, all age ADD or ADHD service, we hope to develop this after the successful implementation of an integrated Autism Spectrum Disorder service which is a Welsh Government priority

For Cardiff and Vale children and young people, a new Neuro Developmental team has been established by the Health Board. This information would therefore need to be requested from them directly.

10. The average waiting time from referral to first outpatients appointment in the past 12 months for

- **Children and young people presenting with symptoms of ADHD**
- **Adults presenting for the first time with symptoms of ADHD**

As per question 9

11. The range of waiting times (ie shortest to longest) for patients from referral to first outpatient appointment in the past 12 months for

- **Children and young people presenting with symptoms of ADHD**
- **Adults presenting for the first time with symptoms of ADHD**

As per question 9

12. What specialist services are available for referral for adults presenting with symptoms of ADHD

For adults seeking a first diagnosis, good practice would include a diagnostic interview by a clinician trained to provide this plus collateral information from someone who knew that person in childhood prior to the age of 12 years.

13. Does your organisation provide a transition to an adult service for adolescents with ADHD

CAMHS facilitates transition to Adult Mental Health Services but this is not condition specific.

14. The age at which your organisation transitions a young person diagnosed with ADHD to general adult psychiatric services

The age that CAMHS would begin arrangements to transfer young people to Adult Mental Health Services who have ADHD is 17 years and 6 months.

15. Does your organisation receive out of area referrals for specialist ADHD services?

CAMHS does not accept out of area referrals for young people with ADHD.