

Food and Drink

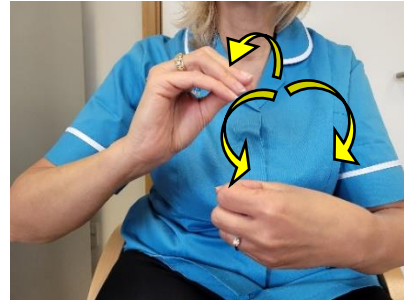
Apple

Pretend to take an apple to your mouth and bite it



Banana

Pretend to hold and peel a banana



Biscuit

One arm is bent at the elbow diagonally across your chest, while you tap your elbow twice with your the other hand in a 'claw' shape



Burger

Pretend to mould a burger



Cake

One hand forms a 'claw' shape and rests on the back of your other hand



Canned Drink

Tips of fingers and thumb of one hand come together to form a circle shape, while index finger of other hand pretends to pull the ring off of the 'can'



Cereal (breakfast)

Pretend to hold a cereal box and shake cereal into a bowl



Cheese

Palm of one hand is facing upwards; fingertips of other hand press against the palm (bent at the base knuckles)



Chicken (food)

At side of your cheek, make your thumb and index finger open and close twice



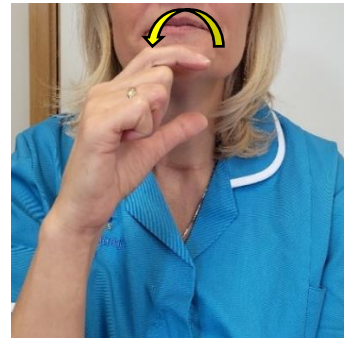
Chips

Index finger and thumb start off separate and then come together to repeatedly make the shape of chips



Chocolate

Make the letter 'C' with your thumb and index finger of your hand, and move it in front of your chin in an anticlockwise direction



Coffee

1. Make the letter 'C' with your thumb and index finger of one of your hands
2. Use the same hand to sign 'drink' (all fingers and thumb form a 'C' shape and then pretend to drink a cup of coffee)

1.



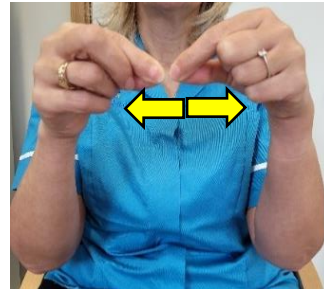
2.



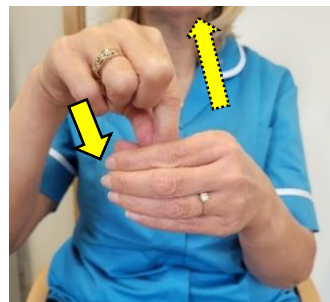
Crisps

1. Pretend to open a packet of crisps
2. Pretend to put your hand in the 'packet', and then take the crisps to your mouth

1.







2.



Drink

All fingers and thumb of one hand form a 'C' shape and then pretend to drink



<p>Egg Middle and index fingers of one hand point forwards, and move downwards towards fist of other hand (without touching)</p>	
<p>Fish (food) Place one hand over the other hand, then slightly flutter fingers of the hand on the top</p>	
<p>Food Pinch fingers and thumb together and tap once against the side of your mouth</p>	
<p>Ice cream Pretend to lick an ice cream</p>	



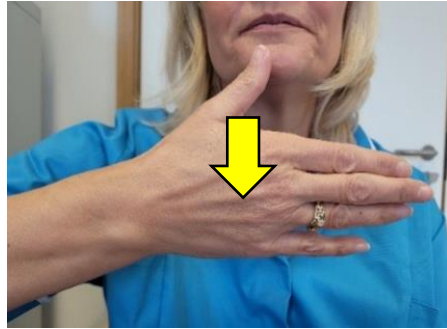
GIG
CYMRU
NHS
WALES

Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board

--	--

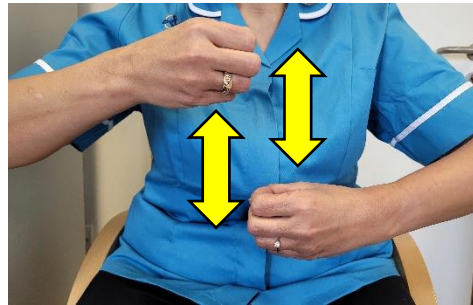
Juice

One hand starts by your chin and then flutters down your chest



Milk

Both fists move up and down in front of chest as if you're milking a cow



Orange

Put a 'claw' shaped hand by the corner of your mouth and flex fingers slightly



Pizza

1. Finger spell "P" – fingers and thumb of one hand come together to form a circle shape; then place next to upper part of the index finger of the other hand, which is pointing upwards
2. Finger spell "Z" – fingers of one hand are all pointing upwards, while fingertips of other hand press against the palm (bent at the base knuckles)

1.



2.



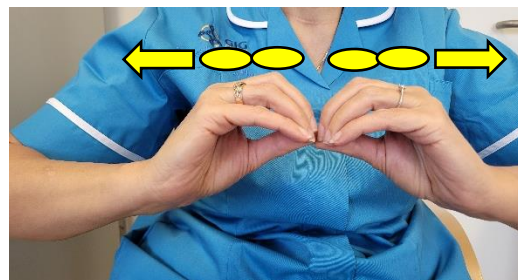
Sandwich

One hand is facing up; other hand is facing down and touching it (palm to palm)



Sausages

Tips of fingers and thumbs come together to form an oval shape
Start off with nails of opposite fingers/thumbs touching each other, then move them apart whilst fingers 'bounce' on the thumbs of each hand to form the shape of a string of sausages



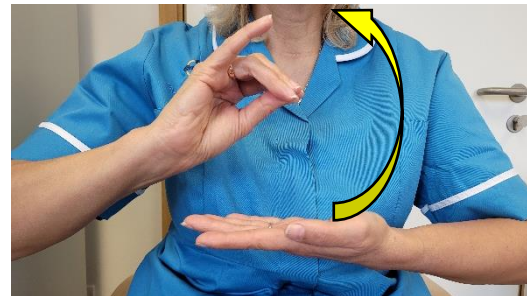
Sweet

Index finger of one of your hands rotates slightly on a tooth at the corner of your mouth



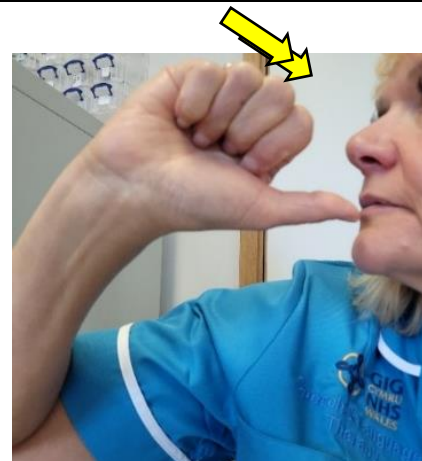
Tea

1. One hand lies flat with palm facing upwards
2. Little finger of other hand sticks out while remaining fingers and thumb touch each other
3. This hand is placed on the palm of the other hand, and then moves upwards towards your mouth



Water (Drink Of)

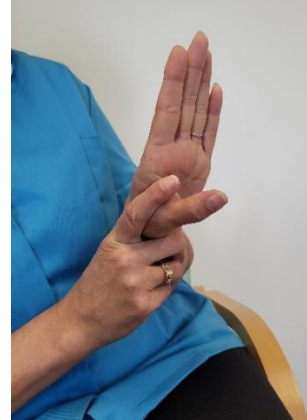
One hand forms a fist with thumb sticking out
Put this thumb next to your lip and tilt your head backwards slightly



Yoghurt

1. Finger spell “Y” – show one hand with fingers sticking upwards and thumb at a right angle to them, then put index finger of other hand on the space in between the thumb and index finger
2. Tips of fingers and thumb of one hand touch each other; index and middle fingers of other hand pretend to scoop yoghurt from the ‘pot’

1.



2.

