



INTEGRATED AUTISM SERVICE (IAS)

CWM TAF MORGANNWG UNIVERSITY HEALTH BOARD

The Integrated Autism Service (IAS) is a specialist, multi-professional service that provides support to autistic adults, their families and carers, as well as professionals. The service covers the areas of Merthyr Tydfil, Bridgend, and Rhondda Cynon Taf.

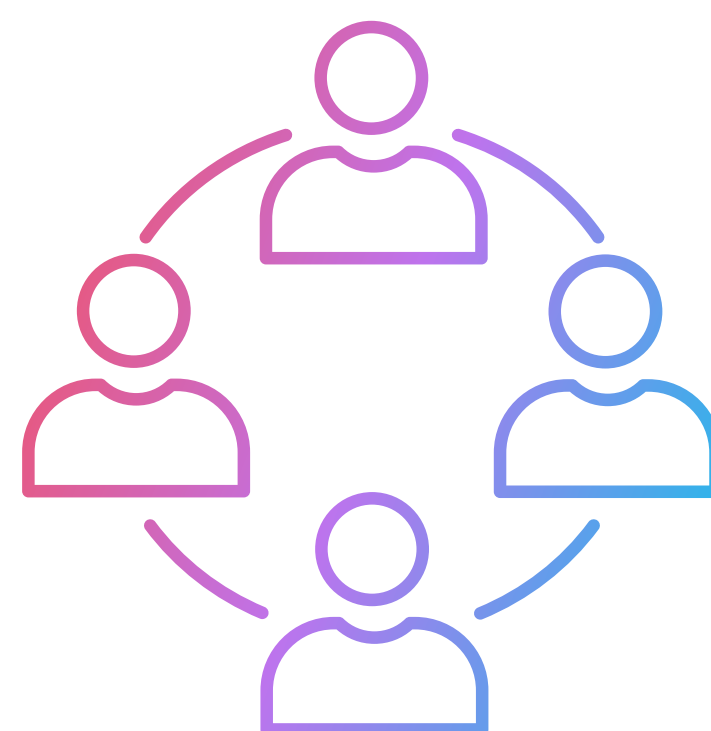
HOW CAN WE HELP?

The service offers:

- **Diagnostic assessments** for individuals aged 18 and over who think they may be autistic (referrals are accepted from age 17 years and 9 months).
- **Support for adults** (18+) with a formal diagnosis of autism, and/or their families/carers.
- **Post-diagnostic support courses**, focusing on understanding autism, improving communication, and developing daily living skills.
- **Signposting** to other relevant services that can provide additional or ongoing support.
- **Consultation and advice** for professionals working with autistic adults.

THE TEAM

- Team Lead
- Clinical Lead (Psychologist)
- Specialist ASD Practitioner
- Occupational Therapist
- Social Worker
- Speech & Language Therapist
- Community Support Workers
- Team Administrator



CONTACT DETAILS



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The Integrated Autism Service (IAS) provides multi-professional support for autistic adults and their supporters. Please see below support options:

Post Diagnostic Support (PDS) Course:

The Integrated Autism Service (IAS) offers a Post Diagnostic Support course for autistic adults and their supporters. Delivered over weekly sessions, the course helps develop a deeper understanding of autism, including experiences, strengths, and support needs.

Communication and Interacting with Others (CIWO) Course:

This course supports autistic adults in exploring communication and social interaction in ways that are meaningful to them. It recognises communication differences as a natural part of neurodiversity and aims to build confidence and understanding.

Telephone Advice Sessions:

The IAS provides support for autism-related queries. Individuals can request a pre-arranged 30-minute telephone appointment with a staff member, offering advice and signposting to relevant services for additional or ongoing support.

Initial Consultation:

An initial consultation is available for individuals with a prior autism diagnosis who wish to discuss their current needs. The IAS will explore potential support options, or signpost to other appropriate services where needed.

Professional Consultation:

This service is available for professionals and agencies working with autistic adults. IAS staff can provide advice, guidance, and tailored signposting to help professionals support the specific needs of the individuals they work with.



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