## THE CAMBRIDGE BEHAVIOUR SCALE

Please fill in this information and then read the instructions below.

### ALL INFORMATION REMAINS STRICTLY CONFIDENTIAL

Name:..... Sex:.....

Date of birth:..... Today's date:....

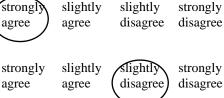
#### How to fill out the questionnaire

Below are a list of statements. Please read each statement <u>very carefully</u> and rate how strongly you agree or disagree with it by circling your answer. There are no right or wrong answers, or trick questions.

# IN ORDER FOR THE SCALE TO BE VALID, YOU MUST ANSWER EVERY QUESTION.

#### **Examples**

- strongly slightly slightly strongly E1. I would be very upset if I couldn't listen to music disagree disagree agree agree every day. slightly E2. I prefer to speak to my friends on the phone rather strongly slightly strongly agree agree disagree disagree than write letters to them. strongly strongly
- E3. I have no desire to travel to different parts of the world.  $\begin{pmatrix} st \\ a_{ij} \end{pmatrix}$
- E4. I prefer to read than to dance.



1. I can easily tell if someone else wants to enter a conversation.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
2. I find it difficult to explain to others things that I understand easily, when they don't understand it first time.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
3. I really enjoy caring for other people.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
4. I find it hard to know what to do in a social situation.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
5. People often tell me that I went too far in driving my point home in a discussion.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
6. It doesn't bother me too much if I am late meeting a friend.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
7. Friendships and relationships are just too difficult, so I tend not to bother with them.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
8. I often find it difficult to judge if something is rude or polite.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
9. In a conversation, I tend to focus on my own thoughts rather than on what my listener might be thinking.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
10. When I was a child, I enjoyed cutting up worms to see what would happen.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
11. I can pick up quickly if someone says one thing but means another.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
12. It is hard for me to see why some things upset people so much.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
13. I find it easy to put myself in somebody else's shoes.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
14. I am good at predicting how someone will feel.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree

15. I am quick to spot when someone in a group is feeling awkward or uncomfortable.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
16. If I say something that someone else is offended by, I think that that's their problem, not mine.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
17. If anyone asked me if I liked their haircut, I would reply truthfully, even if I didn't like it.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
18. I can't always see why someone should have felt	strongly	slightly	slightly	strongly
offended by a remark.	agree	agree	disagree	disagree
19. Seeing people cry doesn't really upset me.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
20. I am very blunt, which some people take to be rudeness, even though this is unintentional.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
21. I don't tend to find social situations confusing.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
22. Other people tell me I am good at understanding how they are feeling and what they are thinking.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
23. When I talk to people, I tend to talk about their experiences rather than my own.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
24. It upsets me to see an animal in pain.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
25. I am able to make decisions without being influenced by people's feelings.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
26. I can easily tell if someone else is interested or bored with what I am saying.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
27. I get upset if I see people suffering on news programmes.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
28. Friends usually talk to me about their problems as they say that I am very understanding.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
29. I can sense if I am intruding, even if the other person doesn't tell me.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree

30. People sometimes tell me that I have gone too far with teasing.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
31. Other people often say that I am insensitive, though I don't always see why.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
32. If I see a stranger in a group, I think that it is up to them to make an effort to join in.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
33. I usually stay emotionally detached when watching a film.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
34. I can tune into how someone else feels rapidly and intuitively.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
35. I can easily work out what another person might want to talk about.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
36. I can tell if someone is masking their true emotion.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
37. I don't consciously work out the rules of social situations.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
38. I am good at predicting what someone will do.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
39. I tend to get emotionally involved with a friend's problems.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree
40. I can usually appreciate the other person's viewpoint, even if I don't agree with it.	strongly	slightly	slightly	strongly
	agree	agree	disagree	disagree

Thank you for filling this questionnaire in.

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