

THE CAMBRIDGE BEHAVIOUR SCALE

Please fill in this information and then read the instructions below.

ALL INFORMATION REMAINS STRICTLY CONFIDENTIAL

Name:..... Sex:.....

Date of birth:..... Today's date:.....

How to fill out the questionnaire

Below are a list of statements. Please read each statement very carefully and rate how strongly you agree or disagree with it by circling your answer. There are no right or wrong answers, or trick questions.

IN ORDER FOR THE SCALE TO BE VALID, YOU MUST ANSWER EVERY QUESTION.

Examples

E1. I would be very upset if I couldn't listen to music every day. strongly agree slightly agree slightly disagree strongly disagree

E2. I prefer to speak to my friends on the phone rather than write letters to them. strongly agree slightly agree slightly disagree strongly disagree

E3. I have no desire to travel to different parts of the world. strongly agree slightly agree slightly disagree strongly disagree

E4. I prefer to read than to dance. strongly agree slightly agree slightly disagree strongly disagree

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|--|----------------|----------------|-------------------|-------------------|
| 1. I can easily tell if someone else wants to enter a conversation. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 2. I find it difficult to explain to others things that I understand easily, when they don't understand it first time. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 3. I really enjoy caring for other people. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 4. I find it hard to know what to do in a social situation. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 5. People often tell me that I went too far in driving my point home in a discussion. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 6. It doesn't bother me too much if I am late meeting a friend. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 7. Friendships and relationships are just too difficult, so I tend not to bother with them. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 8. I often find it difficult to judge if something is rude or polite. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 9. In a conversation, I tend to focus on my own thoughts rather than on what my listener might be thinking. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 10. When I was a child, I enjoyed cutting up worms to see what would happen. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 11. I can pick up quickly if someone says one thing but means another. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 12. It is hard for me to see why some things upset people so much. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 13. I find it easy to put myself in somebody else's shoes. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 14. I am good at predicting how someone will feel. | strongly agree | slightly agree | slightly disagree | strongly disagree |

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|---|----------------|----------------|-------------------|-------------------|
| 15. I am quick to spot when someone in a group is feeling awkward or uncomfortable. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 16. If I say something that someone else is offended by, I think that that's their problem, not mine. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 17. If anyone asked me if I liked their haircut, I would reply truthfully, even if I didn't like it. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 18. I can't always see why someone should have felt offended by a remark. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 19. Seeing people cry doesn't really upset me. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 20. I am very blunt, which some people take to be rudeness, even though this is unintentional. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 21. I don't tend to find social situations confusing. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 22. Other people tell me I am good at understanding how they are feeling and what they are thinking. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 23. When I talk to people, I tend to talk about their experiences rather than my own. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 24. It upsets me to see an animal in pain. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 25. I am able to make decisions without being influenced by people's feelings. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 26. I can easily tell if someone else is interested or bored with what I am saying. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 27. I get upset if I see people suffering on news programmes. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 28. Friends usually talk to me about their problems as they say that I am very understanding. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 29. I can sense if I am intruding, even if the other person doesn't tell me. | strongly agree | slightly agree | slightly disagree | strongly disagree |

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|---|----------------|----------------|-------------------|-------------------|
| 30. People sometimes tell me that I have gone too far with teasing. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 31. Other people often say that I am insensitive, though I don't always see why. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 32. If I see a stranger in a group, I think that it is up to them to make an effort to join in. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 33. I usually stay emotionally detached when watching a film. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 34. I can tune into how someone else feels rapidly and intuitively. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 35. I can easily work out what another person might want to talk about. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 36. I can tell if someone is masking their true emotion. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 37. I don't consciously work out the rules of social situations. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 38. I am good at predicting what someone will do. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 39. I tend to get emotionally involved with a friend's problems. | strongly agree | slightly agree | slightly disagree | strongly disagree |
| 40. I can usually appreciate the other person's viewpoint, even if I don't agree with it. | strongly agree | slightly agree | slightly disagree | strongly disagree |

Thank you for filling this questionnaire in.

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