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University Health Board

# Home Oxygen Assessment Patient Information Leaflet

## What is an Oxygen Assessment?

The purpose of the assessment is to measure the oxygen level in your blood. This is done by placing a small monitor over one of your fingers. In addition you may be asked to provide a blood sample which will then be analysed to provide further information. These procedures will be carried out whilst you are sitting and breathing room air.

These procedures may need to be repeated in order to assess your response after you have walked a little distance to make you feel breathless. They may also need to be repeated to assess your response when breathing oxygen.

You may also be asked to undertake some breathing tests to measure your lung function.

## How long will the assessment take?

The assessment usually takes one hour to complete.

## What do I need to bring with me/have available?

Please bring with or have available all your inhalers and a list of your medication.

## When will I have the results of the assessment?

The results will be explained to you at the time of the assessment by the respiratory nurse. You will be advised if you require oxygen or not at that time. A letter will also be sent to your GP with details of the results of the assessment.

## **Please note:**

**If you are currently unwell or if you have had a course of antibiotics and / or steroids for a chest infection within the last 6 weeks of your appointment date, please contact us on the number below as soon as possible, as your appointment may need to be postponed.**

*If you have any concerns about this assessment, please do not hesitate to contact:*

**The Oxygen Service  
Primary Care Resource Centre,  
Ysbyty Cwm Rhondda,  
Partridge Road,  
Llwynypia,  
CF40 2LU.  
Telephone :- 01443 430022 ext 2891**