

This is a universal charter for all children (aged 0-18 years) living within CTMUHB regardless if they are living with their birth parents, in foster care, living independently or any other situation



Cwm Taf Morgannwg

Siarter Y Plant Children's Charter



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CHILDREN'S
CHARTER
#CTMChildrensCharter

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As children and young people, we have a right to be protected and be safe from harm from others.

It applies to all children (0-18 years).
The charter equally applies to all staff in all areas of work, all departments and of all grades.

Why was this needed?

What is the charter?

The Rights



Why is this needed?

Children have rights ([UN Convention on the Rights on the Child, UNCRC](#)) and, as they are mostly dependent upon adults for their needs, the responsibility lies with us all to ensure these rights are honoured.

Within Wales, the Children's Commissioner for Wales has been helping public bodies officially sign up to and implement these rights ([The Right Way](#)). Many health boards in Wales have now developed Children's Rights Charters.

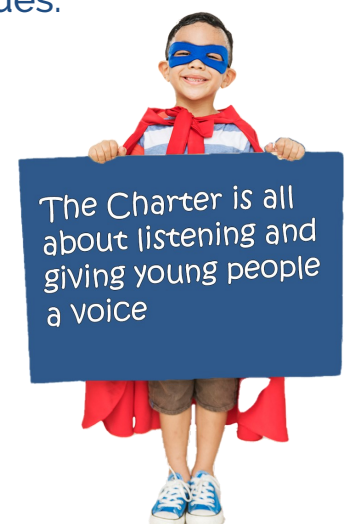
The children and young people of CTM support this and are keen to be consulted about matters concerning their health and wellbeing.

What is the Charter?

It's a list of 10 rights relevant to health care which have been developed based on the UNCRC, the [National Participations standards](#) and input from children and young people of CTM. Staff and other stakeholders, mostly those working with children and young people, have been consulted during the development of the charter.

This is a commitment of CTM UHB to prioritise the rights of children in all we do; in meetings, policy development and in our everyday practice.

It applies to **all** children (0-18 years). The charter equally applies to **all** staff in all areas of work, all departments and of all grades.



The Rights

Everyone can incorporate children's rights in their everyday work. Development of the charter is the start of a cultural change to integrate this into everyday practice for all staff.

The Growing Well strategy group and partners are working to help the implementation of the charter including introducing Children's Rights within the induction of all new CTM staff.

The participation of children in health board matters which relate to them is part of children's rights (and the National Participation Standards). The Growing Well strategy group have been developing links with youth boards around CTM to improve this engagement.

1. The right to life, good health and to be the best you can be

We will provide the best possible treatment, advice and health education to help you grow up to be healthy, happy and all you can be.

We will give you help and support when you need it.

We shall support you to transition from paediatric to adult health services if this is needed and at an appropriate time.

We shall strive to ensure you have positive experiences in CTM UHB.

2. The right to play and relaxation

We will provide activities for you to relax and play if you are in hospital.

Do you know what my rights are?



The Rights

3. The right to information which you can understand

We will answer your questions and give you information in a way you will understand.

We will keep you informed so you can influence decisions affecting you.

We will ensure the right person advises you, so you understand what you need to be healthy.

4. The right to have your say

We will actively ask you what you want/ need, listen to what you think, take comments seriously, and provide feedback.

5. The right to be respected and treated fairly & with kindness

You will not be judged.

You will be treated kindly.

We will respect your identity, sexuality, language, religion, beliefs, family background and treat you as an individual in your own right.

Staff will introduce themselves to you and ask what you would like to be called.

6. The right to consent

We will engage with you and will ask permission from your parents, carers or guardian when you are receiving treatment but we will always include you in what is going on. You can consent to treatment once you are 16 or understand enough to make the decision yourself

The Rights

7. The right to privacy and confidentiality

We will respect your privacy, which means wherever possible we will not share your information or discuss you with others unless you want us to or if we are worried about you and then we will tell you first.

8. The right to be safe

We will work actively on your behalf and do everything we can to make you feel safe and protected.

9. The right to a family life

We will support your family life through allowing visits and involving family in decisions about your health (if you want us to).

10. We will do our best to get to know you and what you need

