







Support Services Directory




Voluntary sector, Charities and Leisure opportunities		
Leisure centres	Halo	http://haloleisure.org.uk/en/
Surfability	Surfability UK offers the disabled person and carer alike, a unique and stimulating way to enhance quality respite. Surfability UK CIC seeks to be able to include people with many different needs/disabilities. We use many innovative ways to promote inclusion in surfing; Tandem Surfboards, Surfing Helmets, Buoyancy Aids and Beach Access Wheelchairs can open up the ocean environment for you to enjoy. Surfability also uses iPads with communication software and instructions in picture symbol format to make sure our participants with learning difficulties can always understand and respond to instructions. iPads are also used to provide on the spot video analysis where our Coaches can break down techniques and help your progression in surfing.	www.surfabilityukcic.org
Spectrum Swansea	A group for children and young people with ASD and their families. We aim to provide a variety of social activities for our members to get involved in. We meet for surfing every Wednesday at Caswell Bay in the Summer and the LC2 in the winter.	www.spectrum-swanea.webs.com/  01792 363438
Swimming: Chameleons Club	For children/adults with special needs. No lower age limit for children, though young children may need a parent/carer in the water. Mondays 8.00 - 8.45 Pentwyn Leisure Centre & Tuesday 8.00 - 8.45 Eastern Leisure Centre	(029) 2025 7314 07791 75936000 www.cardiffchameleons.co.uk/Welcome.html
Circus Eruption	Circus Eruption provides a safe and supportive space for young people to learn circus skills. www.circuseruption.co.uk/ 	2, St David's Road, Swansea Enterprise Park, Llansamlet, Swansea, SA6 8QL. 01792 795778
Y Bont	Activities take place for 51 weeks of the year, between the hours of 9am to 6pm, Monday to Saturday.	Ewenny Road, Bridgend CF31 3HT Tel: 01656 646013 Email: admin@ybont.com
BCBC	Play Development Officer	01656 643643
Disability Sport Wales Development Officer (Bridgend)	The Active Young people Department are also supporting community sports clubs through the different level of insport Club which will have a direct impact on the amount of inclusive sporting and physical activity opportunities available to disabled people in Bridgend in a safe and enjoyable environment. We are currently working with many key partners such as schools (mainstream and SEN), colleges, day	http://www.pieceoftheaction-bridgend.org.uk/who-we-are

	<p>Services, Halo Leisure, parents forums, sports clubs and impairment specific organisations through consultations, and the identification of opportunities that need to be developed, all to ensure that quality provision based around the needs of the participants.</p> <p>We also offer opportunities for coaches and volunteers to be up skilled through attending a UK Disability Inclusive Training Course or alternatively Sainsbury's Active Kids For All course for teachers and support staff. The course focuses on how to adapt activities to ensure they are inclusive for a wide range of disabilities and impairments.</p>	
Disability sport Wales	<p>Our aim is to contribute to create a more inclusive sports sector where <i>every disabled person is hooked on sport</i>, offering real choice as to where, when and how often people play sport. We believe that this approach will help to secure the sector's goal of 'more people, more active, more often'.</p>	<p>http://www.disabilitysportwales.com/clubs/?club-search=1&disability=0&sport=0&authority=123</p>
Love2Walk	<p>We organise regular led walks throughout the year and we would love to hear from you if you would like to get involved. The walks are great for keeping you fit or just to make new friends.</p>	<p>love2walk@bridgend.gov.uk</p>
Trinity Care & Support	<p>Holiday club, Saturday club, day centre and sitting service</p>	<p>Trinity Church, John Street, Porthcawl CF36 3DT Email: info@trinitycareandsupport.org.uk 01656 782104</p>
Helping Hands ALN Care (part of Fingers and Thumbs Day Care Centre)	<p>Our aim is to help children and young people with additional needs to have a safe place to meet up with others from similar backgrounds and for families to support each other by sharing their knowledge and experiences.</p> <p>We have an After School Club on a Monday and Wednesday evening and a Saturday Club for children from the age of 3-11 years to attend with or without their parents. Youth Club is held on Tuesdays and Thursdays for 12-19 year olds.</p>	<p>St. Mary's Church Hall, School Road, Coity, Bridgend, CF35 6BL fingersandthumbscoity@hotmail.co.uk https://www.facebook.com/groups/1783378235276556/</p>
Buddies	<p>This is a partnership project between registered charity Local Aid and the City and County of Swansea. It promotes fun, choice opportunities for young people with severe learning disabilities and challenging behaviour.</p>	<p>www.localaid.co.uk/buddies.html  01792 655771</p>


		07846 204358
BikeAbility Wales	We have a large variety of specialist cycles each specifically designed to allow people to experience the freedom and empowerment of physical activity in a safe and sociable environment. We have two open-air cycle tracks, where people can practice their cycling skills in a quiet, traffic free environment. With direct access to the Clyne Valley Cycle track. We are dedicated to all cycling related activities and attend disability sports and cycling events, in addition to providing our own fun days.	Dunvant Rugby Club, Broadacre, Killay, Swansea, SA2 7RU. 07584 044284 / 07968 109145 www.bikeabilitywales.org.uk/ 
Cycling: Pedal Power	Pedal Power is a charity whose mission is 'to make cycling accessible to all.' info@cardiffpedalpower.org	(Off) Dog Street, Cardiff, CF11 9JJ Tel: 029 2039 0713 (Pontcanna) Tel: 07775 616411 (Cardiff Bay)
BRIDGEND & DISTRICT YMCA	Young people are at the heart of all we do. Our activities, services and campaigns are about things young people need and want. We give them a platform to have their say and challenge discrimination and facilitate a greater understanding of themselves and others. In all the work we do we aim for young people to: be inspired and determined, be healthy and safe, be in control, speak out and be listened to, gain opportunities, and give back to their community. We work with young people of any age or background who need us. Recreational classes and activities, youth clubs, dance classes, volunteering opportunities, etc.	Angel Street, Bridgend, CF31 4AD Tel: 01656 654613 Email: bridgendymca@hotmail.com
KPC YOUTH	To offer young people a wide range of diversionary / preventative activities to young people aged 8 – 25 years, living in Bridgend County. A range of activities for young people including sports, IT, dance, music, art/crafts. Accredited Training Opportunities via our Agored Cymru Programme which includes addressing issues such as: Alcohol/Drug Awareness, Self Esteem, Bullying, Independent Living, Dealing with Aggression. One to one support to young people. Advice and information. Work with young unemployed to help them with job searches, CV, writing, completion of applications, etc., and developing skills to make them more employable.	Off Pyle Inn Way, Pyle, Bridgend CF33 6AB Tel: 01656 749219 / 745399 Email: kpcyouth@hotmail.com Website: www.kpcyouth.com
Interplay	A project aiming to integrate young people with special needs into play and leisure opportunities that are available to any child in their community. They take 2-19 as their age range and provide holiday, after school and weekend activities in Swansea, Neath and Port Talbot.	116 Walter Road, Swansea, SA1 5RE. www.interplay.org.uk/  admin@interplay.org.uk 01792 475938 or 01792 467353
Mixtup Project -	A Youth Club for young people of mixed abilities. It is run in the EYST Youth Centre by workers from EYST and Interplay. The centre is fully accessible by those who	www.eyst.org.uk/projects/mixtup/  director@eyst.org.uk 01792 466980

	use wheelchairs or other mobility aids, and offers Table Tennis, Pool Table, IT Suite, Nintendo Wii and PS3.	
Liberty Horses	<p>is open to anyone. There is no minimum or maximum age. Some people come in a group, some as individuals and some as families. Some people come through organizations or schools, others contact us directly. Groups and individuals who have benefitted from coming to our centre include:</p> <p>School students with emotional and behavioural problems, young people with anxiety, young people in care, young people outside mainstream education, people with autism, people with learning difficulties, adults with mental health problems, carers, families dealing with difficult circumstances, people facing barriers to employment.</p>	http://www.libertyhorses.co.uk/
Horse Riding Therapy Swansea	Set within the traffic free confines of the Activity Centre and it's surrounding 80 acres of wood land and pasture, Clyne Farm Stables is the ideal venue for all levels of riding expertise.	www.clynefarm.com/horseriding
Lylac Ridge	provide opportunities for children and young people, particularly those experiencing 'disadvantage', to grow emotionally and learn through interaction with a range of animals, this is called Animal Assisted Therapies.	http://www.lylacridge.org.uk/
Riding for the disabled (RDA)	<p>horses and ponies provide therapy, achievement and enjoyment to people with disabilities all over the UK. Our network of 500 volunteer groups organise activities such as riding, carriage driving, vaulting and show jumping to up to 28,000 people each year.</p> <p>http://www.rda.org.uk/</p>	<p>MOUNT PLEASANT GROUP Phone: 01656 862012 Email: mountpleasantrda@yahoo.co.uk Website: http://www.mountpleasantrda.co.uk</p> <p>BRIDGEND COUNTY GROUP Phone: 07594 422915 Email: bridgendrda@hotmail.com Website: http://www.bridgendrda.org.uk</p>
Splice Child and Family Project	is a family-centred service which aims to support parents/carers to play and learn with their children, developing everyone's confidence and self-esteem. Giving children a better start in life...we offer a Stay and Play service in the afternoons with inside and outside play. This helps families to socialise and play in fun activities that will enhance parenting skills. The project also offers programmes and courses with an added childcare facility and holiday sessions for children and families.	<p>Community Centre, North Avenue, Pyle/Kenfig Hill, CF33 6ND 07976 378719</p> <p>http://spliceproject.wix.com/splice</p> <p>E-Mail: splice_childandfamily@yahoo.co.uk</p>




Swansea City Bravehearts Disabled Football Team	a Football Club for youngsters with special needs. We are more than just a football club we are also a club for the parents and carers and enjoy tournaments, parties and group holidays.	www.braveheartsfootball.co.uk
Swansea Gladiators RFC	mixed ability Rugby team.	www.pitchero.com/clubs/swanseagladiators
Trampolining: Rebounders	Popular local charity that runs rebound therapy sessions for people with a wide range of disabilities, of all ages. Used by many families with children on the autistic spectrum.	Heather Sergent, Rebounders Centre, Ocean Way, Cardiff. http://www.rebounders-tramp.co.uk 029 2075 9196
S.T.E.E.R. – The Enterprise Academy	working mainly at Tondu House Farm provides a rural setting to promote a healthy mind and body. Facilities include a Bunk-house and training kitchen/café, gardens and allotments, an orchard, woodland and bee-keeping, with walking and cycle trail links. The centre supports a number of groups with outdoor and creative activities. A 'Men's Shed' and a 'Ladies Shed' are being developed to support a variety of groups with practical and social opportunities.	Tracey Miles, The Enterprise Academy, Tondu House Farm, Tondu, CF32 9HF. thesocialenterprise@hotmail.co.uk
Autism Friendly Cinema Showings - Dimensions offer Autism Friendly Screenings at over 250 cinemas in partnership with Cineworld, ODEON, Showcase and Vue cinemas.	<p>Cineworld host an Autism Friendly Film at 11:00am on the 1st Sunday of every month, at over 70 participating cinemas across the UK.</p> <p>Showcase Cinemas and Cinemas De Luxe host Autism Friendly Screenings at 10:00am every 2nd Sunday of the month, at all their cinemas across the UK.</p> <p>ODEON Cinemas host an Autism Friendly Screening 11:30am on a chosen Sunday each month, at over 90 ODEON cinemas across the UK.</p> <p>Vue Cinemas will host an Autism Friendly Film at 10:00am on the last Sunday of every month, at 78 cinemas nationwide.</p>	<p>http://www.dimensions-uk.org/support-services/autism-care/autism-friendly-screenings/</p> <p>Every month, each participating cinema shows a different film.</p>
Cinema Exhibitors' Association Card	A national card that can be used to verify that the holder is entitled to one free ticket for a person accompanying them to the cinema. Cost £5.50 per year	http://www.ceacard.co.uk
Millenium Centre	operates an access scheme. Need to register. If receiving high level DLA (care component) receive free seat for carer. If mid level DLA receive reduction. New Theatre operates similar scheme but need to register separately	http://www.wmc.org.uk/yourVisit/AccessInformation/AccessScheme/ http://www.newtheatrecardiff.co.uk/access/reduced-price-ticket-information/
Special needs activity club (SNAC)	A specially designed centre for children and young adults with additional needs to relax, make friends and have fun in a secure environment. Our aim is to provide new opportunities to create independence, whilst developing new skills and	Lady Charlotte lane (off Duke street)





	<p>confidence. It is a place where parents can meet, and siblings can enjoy peer support and social activities. Facilities:</p> <p>Safe indoor play area and hall. Safe Outdoor play area & Sensory Garden. Multi-sensory Room and Arts & Crafts Room. Meeting Room, Computer Room and Music & TV Room. Large Changing Facilities. Tea and Coffee Bar (serving food and beverages). FREE parking on site and Wheelchair accessible</p>	<p>Margam, Port Talbot, SA13 2BL</p> <p>info@snacwales.org.uk</p> <p>01639 899666</p> <p>www.snacporttalbot.co.uk</p>
Discovery - Swansea University Volunteers	<p>A registered charity based at Swansea University. They currently have around 300 volunteers involved in over 40 voluntary projects all over the Swansea area.</p> <p>Inside Out - support activities for children with Autistic Spectrum Disorder Whizz Kidz Film club - support physically disabled young people aged 11-25 to socialise, have fun and watch a film together</p>	<p>www.swansea.ac.uk/discovery/ </p> <p>discovery@swan.ac.uk</p> <p>01792 295743</p> <p>insideout.swansea@gmail.com</p>
Friends of the young disabled	<p>FOYD is a Swansea based charity, established in 1985, which provides a centre for young disabled people and children to meet and use its facilities to promote learning opportunities, engage in social activities and have fun.</p>	<p>www.foyd.org.uk/ </p>
Play and Leisure Opportunity Library	<p>A registered charity providing specialist toys and leisure equipment for children and adults with a disability in a lending library service. For a small fee members can have access to a range of over 500 items including an extensive stock of multi sensory and specialist equipment. Library stock can be borrowed for a month at a time but longer by arrangement. They offer a limited collection and delivery service to members living in the Swansea area.</p>	<p>Mary Cave Day Centre, Brondeg, Manselton, Swansea, SA5 8PZ. 07546 267486</p> <p>www.plol.org.uk/ </p> <p>info@plol.org.uk</p>
National Autistic Society	<p>Voluntary organisation providing advice and services for people with ASD</p>	<p>www.nas.org.uk</p>
Autism, Communication and Education (ACE)	<p>is newly formed to provide young adults with autism, access to day services that are motivating, challenging and meaningful. The focus will be on life skills and encouraging access to services within the community. Autism Life Centres will enable young adults, with autism to work together and develop social and communication skills. The program will involve connecting with, engaging and interacting around ideas and activities that are enjoyable and are meaningful, in an environment that is safe, supportive and nurturing. Autism Life Centres will offer a</p>	<p>STARS centre, Unit 10 Garth Drive, Brackla Ind Est, Bridgend, CF31 2AQ.</p> <p>Sian Nash 07980 856612</p> <p>sian@sntraining.uk</p>


	flexible, individual service. Support will be offered according to the needs and strengths of each individual.	
Learning Disability Wales	Learning Disability Wales is a national charity representing the learning disability sector in Wales. Everything that we do focuses on creating a Wales that values and includes every child, young person and adult with a learning disability. We work with people with a learning disability, government and the voluntary sector to create a better Wales for people with a learning disability. Our mission is to create a Wales that values and includes every child, young person and adult with a learning disability.	41 Lambourne Crescent Cardiff Business Park Llanishen Cardiff CF14 5GG Telephone: 029 2068 1160 Fax: 029 2075 2149 Email: enquiries@ldw.org.uk
Innovate trust	Innovate Trust provides support and guidance to disabled people. Our main work is to support people with learning disabilities, but we also support individuals with mental health issues, people with physical impairments, the elderly and young, disadvantaged, vulnerable members of the local community through our Student Volunteer projects. Recently we have developed and expanded our social enterprises which are now working towards becoming completely self-funded.	www.innovate-trust.org.uk 433 Cowbridge Road East, Canton, Cardiff, CF5 1JH. Tel: 029 2038 2151 2 Talbot Green Business Park, Talbot Green, Pontyclun, CF72 9FG. Tel: 01443 805533 Email: info@innovate-trust.org.uk http://www.innovate-trust.org.uk/projects/ventureout/
Bridgend Association of Voluntary Organisations (BAVO)	BAVO is the umbrella organisation for voluntary activity through-out Bridgend County Borough. We support voluntary groups, self-help groups, user/carer initiatives, help with organisation of a group, help with funding, Distributing grants to voluntary and community groups. We also provide information about volunteering and issues of interest to voluntary organisations.	112-113 Commercial Street, Maesteg. CF34 9DL Tel: (01656) 810 400 Email: bavo@bavo.org Website: www.bavo.org.uk.
Oracle	Not for profit organisation	http://www.oracle-services.co.uk/ 18 Adare St, Bridgend CF31 1EJ Phone: 0300 003 0261
Mulligan centre	Mulligan Community is a non-profit Community Interest Company Limited by guarantee, which has been set up for charitable purposes. The MC Family Centre homes a variety of support groups and services all under one roof to provide	Amanda kirk http://www.mulligancommunity.org/mc_family_centre.html

	vital facilities and support services specially tailored to combat poverty and social exclusion in Bridgend.	
Children in Wales	Children in Wales is a registered charity that promotes the interests of children, young people and their families in Wales. Children in Wales works with members to campaign for an equitable provision of services across Wales for disabled children and young people. We work to support members in developing services to help meet the needs of disabled children in Wales.	<p>www.childreninwales.org.uk</p> <p>Tel: 029 20342434. 25 Windsor Place, Cardiff, CF10 3BZ.</p>
Follow your dreams	<p>We inspire children to see beyond their immediate challenges and encourage them to follow their dreams and believe in themselves. We sponsor children to assist them in fulfilling their dreams within our remit of sports, music, performing arts and technology. The sponsorship can be from learning to ride a horse, learning to play a guitar, to drama lessons as examples.</p> <p>Dream Big Workshops have the aim of inspiring participants to be ambitious, to have a 'can-do' attitude, and to aim high for their future successes. We do this through a series of motivational activities including the main practical workshop, which offers participants the opportunity to try something a little different – for instance puppetry, dance or drama - to have fun, and possibly even discover a new talent or dream for their future that they didn't previously know they had.</p> <p>The Butterfly Hut is a relaxed safe and friendly environment where children can play and parents can chat and get support. We are based inside Action Sports in Whitchurch (formally Whitchurch Sports Centre) Bristol. The Butterfly Hut aims to provide an Inclusive Centre within the local community where children with a variety of additional needs, their siblings and parents can relax & play in a safe secure and informative setting.</p>	<p>http://www.followyourdreams.org.uk/</p> <p>Gwynfa House, Main Road, Church Village, CF38 1RN</p> <p>01443 218443</p> <p>admin@followyourdreams.org.uk</p>
SENSE	While the main focus of our work is with people who have a dual sensory loss – a loss of sight and hearing at a level where people are experiencing difficulties with mobility, accessing information and communication - we also work with individuals who have a single sensory loss and other disabilities.	<p>TouchBase Wales, Caerphilly Business Park, Van Road, Caerphilly, CF83 3ED. info@sense.org.uk. www.sense.org.uk Tel: 0300 330 9280</p>
Touch Trust	Based within Cardiff, the charity delivers creative, touch-based movement and dance programmes tailored for individuals affected by profound and multiple disabilities, Autism Spectrum Disorders and behaviour that challenges.	<p>www.touchtrust.co.uk/ </p> <p>info@touchtrust.co.uk 029 2063 5660</p>
Autism Fledglings	Autism Fledglings is a consultancy service established by Dr Lynsey Herdman PhD and Kerry Farrell BCBA. Lynsey and Kerry have over 16 years of collective experience of using the principles of Applied Behaviour Analysis for teaching children with autism.	<p>BCBA. Resolven ICC, Resolven, Neath, Neath Port Talbot, SA11 4AB. http://autismfledglings.co.uk/</p>

Valley and Vale Community Arts	<p>We prioritise working with people and communities who are often marginalized, vulnerable or at risk. We believe that through creativity we can create opportunities for individual and community development and that we can stimulate social change.</p> <p>We offer workshops and training programmes in a range of courses including: Person-Centred Creativity, Employability and Personal Development, Target Setting, Emotional Health, Relationships, Team Building and Anger Management.</p> <p>Workshops can also be tailor-made based on individual needs.</p>	<p>Sardis Media Centre, Heol Dewi Sant, Betws, Bridgend, CF32 8SU.</p> <p>Tel: 01656 729246</p> <p>Email: mail@valleyandvale.co.uk</p> <p>Website: www.valleyandvalecommunityarts.co.uk</p>
Smooth start plus	<p>Smooth Starts Plus is an independent therapeutic service. Led by Clinical Psychologists and Occupational Therapists with experience in the fields of Autistic Spectrum Conditions, Global Developmental Delay, Attachment Difficulties, Family Support, and Vocational Rehabilitation. Specialising in supporting individuals, and their families, aged 0-25 who are experiencing emotional and/or behavioural difficulties. Smooth Starts Plus provides Clinical Psychology and Occupational Therapy services as well as co-ordinating support from additional associate professionals including Speech & Language Therapists and Physiotherapists. Smooth Starts Plus provides Diagnostic Services, Assessment and Individualised Therapy and Intervention programmes. We also provide Groups, Workshops, Activity Programmes, Consultancy and Training, and Out Reach Support.</p>	<p>Smooth Starts Plus Therapy Centre Walnut Tree Farm Newport NP10 8SQ 07773309797</p> <p>enquiries@smoothstartsplus.co.uk</p> <p>http://www.smoothstartsplus.co.uk/home</p>
Autistica	<p>A charity which both funds and campaigns for medical research to understand the causes of autism, improve diagnosis, and develop new treatments and interventions. Since our founding in late 2004, we have raised over £8.5 million in support of autism research, and become established as the UK's largest and leading autism research charity. We have funded over 40 world class scientists in universities across the UK, ensuring that the brightest minds are focused on helping those with autism.</p>	<p>01491 412311. www.autistica.org.uk. info@autistic.org.uk</p>
Hope GB	<p>We aim to provide access to information and guidance on a range of relevant issues, such as understanding what it means to have an autistic spectrum condition, Structuring the learning environment and different approaches to managing challenging behaviour. Supporting improved communication and social interaction and developing daily living skills for children and young people with ASC</p>	<p>http://hopegb.co.uk/about/</p>

Autism spectrum connections Cymru (Part of the Autism Initiatives group of charities)	An Autism One Stop Shop (OSS) is a safe place for adults with an autism spectrum condition to access a wide range of advice and support. It is also a place where they can take part in various social activities. The service is primarily delivered for people who have a diagnosis of Asperger syndrome or high functioning autism who are over 16yrs. We can provide 1:1 and group support in the areas of Employment, Independent Advocacy, Late Diagnosis and Benefits. Relationships, Signposting to other services, Housing and Transitions/ Further/ Higher Education.	ASCC, 21 High Street, Cardiff, CF10 1PT Tel: 02920 228794 http://www.autisminitiatives.org/where-we-are/ascc/ info@asc-cymru.org
Cardiff University Widening Access Scheme	Tailored to meet the needs of pupils with ASD aged between 14 to 19-years, the Discovery Project will use current university students as mentors to help raise their aspirations, overcome their anxieties and improve the skills they need for university life. This will be achieved through a combination of workshops, academic taster sessions and social events held fortnightly.	Scott McKenzie, Widening Access Officer MckenzieSD1@cardiff.ac.uk
Paediatric Services	Going into hospital can be daunting for children and their families. Videos can be viewed on the ABMU website and are aimed at preparing youngsters ahead of their hospital visit, so they have a better idea of what to expect.	www.wales.nhs.uk/sitesplus/863/page/69350
Talking point	Experts in helping children develop the speech, language and communication skills they need to thrive in a 21st century world. Parents tell us it is hard to find help and information about to support their child's communication. Practitioners need to easily find information to help identify children's speech, language and communication needs.	www.talkingpoint.org.uk/
Sensory World	An interactive website for people with learning disabilities.	www.sensoryworld.org/site_map.htm 
Easyhealth	Accessible health information.	www.easyhealth.org.uk/content/about-website/ 
Stepping Stones	Stepping Stones Children's Centre provides services for pre-school children who have an emerging or diagnosed disability. At Stepping Stones, children take part in activities both in a group, and working one-to-one with a project worker. Play workers are also on site to facilitate play and learning opportunities and to be with children between one-to-one sessions. This facility is available to all families in Swansea who are referred by health professionals (since attendance is based on disability), and no other similar facility exists within the area.	www.friendsofsteppingstones.org.uk
Harriet Davis Trust	The Trust provides four self-catering holiday houses in Pembrokeshire, UK for families with disabled children at economical prices.	www.harriet-davis-trust.org.uk/ 

Bringing us together	Bringing Us Together is an independent and proactive community championing the voices of disabled children, young people and their families.	www.bringingustogether.org.uk/ 
Special Appucations	Provide kids with autism or special needs with a fun and interactive approach to learning. Whether you're looking to help your child navigate their way through life safely and confidently or want to help them improve their language and social skills, Special Appucations' educational apps provide kids with autism or special needs with a fun and interactive approach to learning. The other children in your family will love them, too!	www.specialappucations.com/
Disability Horizons	A positive, interesting and useful disability related magazine with articles and resources to help people with disabilities achieve whatever they wish. The magazine and website includes articles, resources and links about travel, work, art and culture, relationships and much more.	www.disabilityhorizons.com/ 
Council for Disabled Children	A legal handbook authoritative yet accessible guide to the legal rights of disabled children and their families in England and Wales includes advice on transition. The handbook aims to empower disabled children and their families through a greater understanding of their rights and entitlements. It is essential reading for the families of disabled children, their advocates and lawyers, voluntary and statutory sector advisers, commissioners, managers and lawyers working for public authorities, education, social and health care professionals, students and academics.	www.councilfordisabledchildren.org.uk/ 
The British Institute of Learning Difficulties (BILD)	BILD services help develop the organisations who provide services, and the people who give support to individuals with learning disabilities. That way they play a part in making sure people are supported with dignity and respect and can make choices and decisions about their lives. Sex and Social Relationships App is aimed at support workers and gives practical support when talking with people with learning disabilities about social understanding and exploring sex. As well as a picture library, the app includes a useful quiz for support workers on issues around the rights, capacity and consent of people with learning disabilities in relation to sex and relationships.	www.bild.org.uk/ 


Disabled Parents Network (DPN)	Disabled Parents Network (DPN) is a national organisation which aims to increase society's acceptance of disability in parenthood and provide support information and advice to disabled parents and their families. For all parents with a disability or long-term health challenge, helping disabled parent families to access appropriate support and grow in knowledge and self confidence.	www.disabledparentsnetwork.org.uk/ 
Ambitious About Autism	The Ambitious About Autism national charity is a campaign organisation which is working to improve the services available for children and young people with autism and to increase awareness and understanding of the condition. They provide services, raise awareness and understanding and influence policy. They also provide specialist education through the Treehouse School.	0208 815 5444 www.ambitiousaboutautism.org.uk info@ambitiousaboutautism.org.uk
AppyAutism	is a web catalogue which makes available to people with autism spectrum disorders (ASD), their families and professionals in this field an extensive database with more than 400 applications for computers, tablets and Smartphones.	http://www.appyautism.com
All Wales Autism Resource (AWARES)	aims to provide you with links to all of the autism information and resources you could need within Wales, and also to useful online resources outside of Wales.	www.awares.org
ASD Info Wales	ASD Info Wales, the national site for Autistic Spectrum Disorders (ASD). Here you will find information about Autistic Spectrum Disorders (including Autism and Asperger Syndrome), service details, training opportunities and updates on the implementation of the ASD Strategic action Plan for Wales. The site also includes a search facility which allows you to look for specific services available in your local area	www.ASDinfoWales.co.uk
Autism Networks	A charitable body run by a group of like-minded parents, carers, professionals and people with autism.	www.autismnetworks.org.uk
Autism UK	An active UK-based list which provides a forum for wide ranging discussion on many issues related to autistic spectrum disorders.	http://lists.autismisanotherworld.com/mailman/listinfo/autism-uk/
Autistichat	A place for people with autism and related disorders to chat online. The channel is also open to the parents, friends and family of individuals with autism.	www.autistichat.net
ABCD Cymru	a charity to support BME families with disabilities.	0292 025 0055. www.abcdcymru.org.uk/main.aspx
ASD Friendly	For everyone to share experiences of everyday life with ASD Children	www.ASDfriendly.org
AspergersUK	For UK parents of children with Asperger Syndrome.	http://health.groups.yahoo.com/group/AspergersUK

Autism Research Policy Practice Hub	This open-access site champions the use of research in policy and practice in the UK and beyond. We work to narrow the gap between research, practice and policy and promote evidence-based outcomes for people with autism.	http://www.autismrpphub.org/
Wales Autism Research Centre (WARC)	a collaboration between Autism Cymru and Autistica, the School of Psychology, Cardiff University and the Welsh Government. WARC researches risk factors, identification, diagnosis, cognitive development and intervention. Based in the School of Psychology they engage in multi-disciplinary research collaboration across a number of areas. They study and use research evidence in services for autism and contribute to awareness-raising. A unique goal, made possible by the ASD Strategy in Wales, is to integrate scientific research findings with policy.	www.psych.cf.ac.uk/warc warc@cardiff.ac.uk
Autism Connect	An online resource providing information about autism, news and events from around the world and access to discussion forums and other web sites.	www.autismconnect.org
Disability Wales	the national association of disability groups working to promote the rights, inclusion, equality and support of all disabled people in Wales. We are your first port of call for information, comment, opinion and opportunities for getting involved in equality.	Bridge House, Van Road, Caerphilly. CF83 3GW Tel: 02920 887 325 Email: info@disabilitywales.org
Care Co-ordination Network UK	is a networking organisation promoting and supporting care co-ordination or key working for disabled children and their families. CCNUK is a registered charity.	www.ccnuuk.org.uk
Education and Resources for Improving Childhood Continence	ERIC is a national children's health charity dealing with bedwetting, daytime wetting, constipation, soiling and potty training in children and young people. ERIC provides information, support and resources to families and health professionals on bladder and bowel problems.	0845 370 8008 (Mon - Fri 10am - 4pm). www.enuresis.org.uk . www.eric.org.uk www.ericshop.org.uk . info@eric.org.uk

EPILEPSY WALES	helps to improve the lives of people with epilepsy, their families and carers. Offers Information and advice from our Helpline. Direct support from our Fieldworkers. Raising public awareness and understanding. Support Groups. Epilepsy Youth Club. Activities include pool, computers, football, Arts & Crafts.	Tel: 0800 228 9016 weabradbury@btconnect.com Website: www.epilepsy-wales.org.uk Support group - Bethlehem Church Life Centre, Cefn Cribwr Tuesday 5.30pm – 7.30pm. Lisa Phillips, Fiona John 01656 752 233
Education Programmes for Patients (EPP)	Provides a range of self-management health and well being courses and workshops for people living with health conditions or those who care for someone with a health condition.	http://www.wales.nhs.uk/sites3/page.cfm?orgid=537&pid=11391
Circles Network Wales	a national voluntary organisation based around the key principles of inclusion and Person Centred Planning approaches. Circles Network provides unique personal support for people who are in danger of becoming socially excluded, or who are currently suffering the consequences of prior segregation and discrimination.	Unit 14 Enterprise House, 127 Bute Street, Cardiff Bay, Cardiff CF10 5LE. 029 2048 7575 info.wales@circlesnetwork.org.uk Website: www.circlesnetwork.org.uk
Perthyn	formed in 2002 following a restructuring of two organisations. Perthyn is a registered charity and a company limited by guarantee. As a charity it operates on a 'not-for-profit' basis. Perthyn's primary purpose is to provide support to people with learning disabilities. Perthyn employs approximately 700 staff and provides support to over 170 Service Users. Perthyn provides a range of services including Supported Living, Transition & Assessment (Residential) and Day Services.	Cardiff Office , 1st Floor Unit, 11Ty Nant Court, Morganstown, Cardiff CF15 8LW. Swansea Office , Vivian Court, Llys Felin Newydd, Phoenix Way, Swansea SA7 9FG. http://www.perthyn.org.uk/contact-us/
Stepping Stones (Child Therapy Consultants) Ltd	An independent agency which supplies therapeutic services for children, young people and adults. Stepping Stones works closely with both statutory and independent agencies to provide therapeutic services to address the developmental wellbeing of children and young people in order that optimal outcomes can be achieved, which both safeguard and promote their welfare. Stepping Stones provides a wide range of services which enhance and support the services provided to children and young people who are either living at home or in family or residential placements. Services we provide include Play Therapy, Art Therapy, Life Story Work and Counselling/Psychotherapy. Consultancy and supervision services for individuals and organisations and Assessments	www.steppingstonetherapy.co.uk/therapy1.htm Lisa Waycott or Lucy Norris, 4 Richmond Road, Cardiff, CF24 3AS. 02920 490 500. Email: info@steppingstonetherapy.co.uk

<p>SCOPE</p>	<p>A national charity who work with disabled people and their families at every stage of their lives. We offer practical support - from information services, to education and everyday care. They also provide training to parents, early years professionals, child minders, after school club workers, learning support assistants, SENCOs, play workers, charity volunteers, support workers, foster carers and more. All their training can be tailored to suit clients' needs.</p> <p>The Community Companions Project is aimed at disabled people aged 50 plus and covers the Bridgend County Borough. The befriending scheme provides fully trained and DBS checked volunteer befrienders, who offer companionship to an older person. They are able to accompany and assist a person who may be socially isolated to meet new people, catch up with old friends, family or to take part in local activities of their choice. In addition, The Community Companions Activity Café runs each Thursday. Each week there is a different activity in which everyone is welcome to take part in, such as Boccia & board games, arts and craft workshops, table top gardening, chair based exercise and healthy eating sessions. We also have cookery and information sessions and tips on health and wellbeing as well as day trips and community fairs.</p>	<p>helpline@scope.org.uk</p> <p>Tel: 0808 800 3333</p> <p>www.scope.org.uk</p> <p>training@scope.org.uk</p>
<p>Treezy</p>	<p>offer carefully selected products that they feel best supports the Autism and educational Community. They hope these products help parents and professionals, who are looking for quality teaching tools. Appreciating the individual needs of every child with autism, they strive to enable parents and professionals to help children develop to their full potential. They are specialists in Applied Behaviour Analysis with one of our founders working actively in the field, holding a Masters degree in this subject and a qualified Board Certification Behaviour Analyst (BCBA). This means they are ideally placed to source products that have direct application to any home or school based programmes of learning.</p>	<p>Treezy, Woodlawn, Knatts Valley Road, Sevenoaks, Kent TN15 6XX. info@treezy.co.uk / www.treezy.co.uk . Tel 0843 289 9317 / Fax 0844 357 1817</p>

PARENTS FOR INCLUSION	Helpline for parents and professionals, offering advice on the inclusion of disabled children in mainstream schools. Also run local groups and training of parents and professionals.	Helpline is run by parents Mondays & Wednesdays 10am-12pm & 1pm-3pm. Tel: 0800 652 3145. Web: www.parentsforinclusion.org
Halcyon Training Foundation	Halcyon raises awareness of autism and related conditions through training and education. It aims to reduce conflict within families and communities and offers advice and support to all those affected. Halcyon believes all people with autism have a right to reach their full potential and provides a framework and opportunities for them to do so. The team behind Halcyon is made up of parents, carers, those on the autistic spectrum and professionals. Halcyon places public benefit at the heart of its activities as it seeks to fulfil its charitable aims	Elliott Buildings, 21 Cardiff Road, Taffs Well, Cardiff, CF15 7RB. Tel. 02920 811114 Mobile. 07891 223081 http://www.halcyon-foundation.org.uk/home
KIDSCAPE	committed to keeping children safe from abuse. Kidscape is the first charity in the UK established specifically to prevent bullying and child sexual abuse. Kidscape believes that protecting children from harm is key.	Tel: 08451 205 204 Anti-bullying helpline. Web: www.kidscape.org.uk
Learning Disabilities, Autism and Neurodevelopmental disorders network (LDAN)	is one of 17 research networks funded by the Welsh Assembly Government and supported by the National Institute for Social Care and Health Research Clinical Research Centre (NISCHR CRC) School of Psychology University of Bangor. This major health and social care initiative aims to bring research funding into Wales and has created a supportive research structure to achieve this.	www.ldancymru.org.uk
Learning Disability Advisory Group (LDAG)	was set up in 2012 to advise Welsh Government on the issues influencing the lives of people with a learning disability in Wales and those who support them.	www.ldag.info
Leonard Cheshire Disability	supports thousands of disabled people both in the UK and in more than 50 other countries. They help people with physical impairments, learning difficulties and long-term health conditions, as well as their carers, friends and families. Discover IT Swansea Vale Resource Centre is a community-based local authority activity centre for disabled people. The Discover IT suite has an IT skills emphasis and also provides an outreach service.	www.lcdisability.org
National Children's Bureau	We build a better childhood for every child, by championing their right to be safe, secure and supported.	http://www.ncb.org.uk/ .

OAASIS	aims to provide parents and teachers with impartial, comprehensive and prompt answers to the many questions and problems which looking after or teaching a child with SEN may present. It is a part of the Cambian Group one of the largest providers of independent residential special schools and colleges in the UK.	www.oaasis.co.uk
Research Autism	This website is aimed at anyone with an interest in autism, including people with autism spectrum disorders, parents and carers, service providers and policy makers. It is one of the biggest, most up-to-date, and most scientifically reliable websites in the world for information about autism, the issues facing individuals with autism, and the interventions used to help them.	www.researchautism.net
Rackety's	A clothing company for disabled children and adults.	01538 381430 www.disabled-clothing.co.uk info@racketys.com
Sensory Smart	Clothing solutions for sensory-sensitive children.	01425 674712 (Answerphone). www.sensorysmart.co.uk sensorysmart@googlemail.com
Together 4 Rights (T4R)	an all-Wales group of young disabled people aged 11-19. Working through youth groups and forums and holds regular events across Wales. In addition, 'T4R' runs an exciting schools programme which aims to raise awareness amongst disabled children and young people of their rights as outlined in the United Nations Convention on the Rights of the Child (UNCRC). The project aims to enable and support them to access their rights and have a say in decisions that affect them in Wales.	www.childreninwales.org.uk/ 
Foundation for People with Learning Disabilities	<ul style="list-style-type: none"> • We work with people with learning disabilities, their families and the people who support them. • We carry out research and projects that help people be included • We support local people and services to include people with learning disabilities • We improve services for people with learning disabilities • We spread knowledge and information. 	www.learningdisabilities.org.uk

Challenging Behaviour Foundation	<p>We are the charity for people with severe learning disabilities whose behaviour challenges. We're making a difference to the lives of children and adults across the UK through:</p> <ul style="list-style-type: none"> • information about challenging behaviour • peer support for family carers and professionals • supporting families by phone or email • running workshops to reduce challenging behaviour • speaking up for families nationally 	<p>Email: kerri.davies@theCBF.org.uk. www.challengingbehaviour.org.uk</p> <p>Tel. 01634 838739</p>
Holiday Grants	<p>3H Fund: http://www.3hfund.org.uk/. The 3H Fund is a group holiday programme for disabled children and adults with subsidised holidays being organised at home and abroad. These holidays are staffed by volunteer leaders and helpers. When funds are available the UK holiday grant programme enables physically or mentally disabled people and their families to organise a holiday for themselves within the UK.</p> <p>Turn 2 Us are an organisation that help people get access to grants. Their website http://www.turn2us.org.uk/ has a free search facility for grants in different areas.</p> <p>The League of the Helping Hand: http://www.lhh.org.uk/ provides one-off grants to people who are in hardship due to illness or disability.</p> <p>The Family Fund: http://www.familyfund.org.uk/grants provides grants for children and families for a range of things including holidays.</p> <p>Dream Makers is a national charity that provides holidays for disabled children and their carers: http://www.dreammakerschildrenscharity.com/html/home.html</p> <p>The Disability Grants website has a lot more information on holidays grants for disabled children and adults: http://www.disability-grants.org/holiday-grants-disabled-children-adults.html</p>	