

Specialist Palliative Care in Cwm Taf Morgannwg



What is this about?

- Some people get very ill and need special care
- This care is called palliative care.
- We want to make this care better for people.



Why it matters

- Everyone should be cared for with kindness and respect.
- Most people want to be at home or somewhere peaceful when they are very ill.
- We want to help people stay out of hospital if they don't need to be there.



What is palliative care?

- Palliative care helps people feel better when they have a serious illness.
- It can help with pain, feeling sick, or feeling sad.
- People can get palliative care for a long time, not just when they are dying.



What is end-of-life care?

- This is care for people who may die soon (in the next few months).
- It helps people feel comfortable and safe.
- It also helps families and carers.



Who gives this care?

- **General care** is given by doctors, nurses, and carers.
- **Specialist care** is given by experts who help with very tricky problems.
- Most people get general care. Some people need specialist care too.



What's happening in our area?

- Our area is called Cwm Taf Morgannwg.
- We have 3 teams: Merthyr Tydfil/Cynon, Rhondda Taff Ely, and Bridgend.
- Each team has a special unit with eight beds.
- Most people are helped at home or in hospital by both general and specialist teams.



What's the problem?

- Too many people die in hospital, even when they don't want to.
- Some people don't get the care they need, especially in poorer areas.
- There are not enough specially trained doctors to do this work.

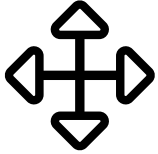


What do we want?

- Safer and better care
- More people cared for where they choose
- Less rushing to hospital
- Fair care for everyone



What Is The Plan?



Change The Service

- Close a special unit in Merthyr Tydfil/Cynon
- Keep two specialist units in Rhondda Taff Ely and Bridgend.
- Use the money to help more people at home and in hospital.



Good Things

- More care at home
- More care in community hospitals (including Ysbyty Cwm Cynon)



Hard Things

- Less special beds
- People may need to travel



Tell Us What You Think

- Send us an email:
CTM.SPC_services@wales.nhs.uk
- Complete the online survey
- Come and talk to us - to find out more and ask us questions. Visit our website for details.
<https://ctmuhb.nhs.wales/>



Thank you