

#CTMArYMaes

Cwm Taf Morgannwg on the Maes



Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board

Working with



Saturday - 3/8/24
Find out about Welsh

10am - 2pm: • Welsh courses for staff
• Celebration with Learn Welsh Glamorgan
• Meet us and find out more about us



Sunday - 4/8/24
Living Well

10am - 3pm: Our Team are here all day.
Talk to us about how to keep you and your family healthy.



Monday - 5/8/24
Staying well while waiting for treatment

1pm -2pm Find out about organ donation
All Day Talk to our health professionals and wellness coaches



Tuesday - 6/8/24
Support for families in early years

All day Find out what help and support is available
Have a selfie with Dewi Dragon and get a free dental pack



Wednesday - 7/8/24
Developing well as children

All day: Talk to our public health experts



Thursday - 8/8/24
Living well as adults

All day: Looking at what can help us to live well



Friday - 9/8/24
How to stop germs!

All day: Talk to our experts and find out what you can do to stop germs from spreading



Saturday - 10/8/24
How to age well!

All day: Check your heart get a free test here
Find out support and information about Dementia

