

A phone call can make all the difference!



Bridgend County Care & Repair

“Keeping in Touch” Telephone Support Service

In response to the Coronavirus outbreak we are offering a telephone befriending and advice service to older people who are self-isolating.

We want to help as many older people to get the help and support they need during this difficult time by *“keeping in touch”* and offering advice over the telephone to help you keep well, feel less isolated and more connected to your community.

If you don't have any family or neighbourhood support or know another older person who could benefit from a *“keeping in touch”* telephone call, contact Bridgend County Care and Repair on



Tel: 01656 646755

Avon Court, Cowbridge Road, Bridgend CF31 3SR

Email: enquiries@bridgendcareandrepair.co.uk Web: www.careandrepair.org.uk