

CTM 2030
**Ein Hiechyd
 Ein Dyfodol**
 DATBLYGU CYMUNEDAU
 IACHACH GYDA'N GILYDD



CTM 2030
**Our Health
 Our Future**
 BUILDING HEALTHIER
 COMMUNITIES TOGETHER

Mental Health and Learning Disabilities Care Group

Strategic Programme & Financial Plan



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<p>MAX EIN CYBERPHOEDD YN EIN HELPU HELLGOSTARL EIN GORAU</p> <p>OUR VALUES HELP US GET OUR BEST</p>	<p>PHŷN EIN COWADON YN FAWR ACTHRELLA</p> <p>WE LISTEN LEARN AND IMPROVE</p>	<p>STYDIAU'N HEN FAWR A FAWR</p> <p>WE TRUST ONE ANOTHER TO IMPROVE THE SERVICE</p>	<p>BYDYM NI GEDD YN CYSWLLT YN EIN FUD</p> <p>WE ALL WORK TOGETHER AS ONE TEAM</p>
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STARTING WELL



GROWING WELL



LIVING WELL



AGEING WELL



DYING WELL



WE LISTEN,
 LEARN AND
 IMPROVE



WE TREAT
 EVERYONE
 WITH RESPECT



WE ALL WORK
 TOGETHER
 AS ONE TEAM

Reducing health inequalities
 Equal focus on mental and physical health
 Supporting our communities
 Being a healthy organisation



CREATING
 HEALTH



IMPROVING
 CARE

Delivering safe and compassionate care
 Developing new models of care
 Digital transformation for patients and staff
 Ensuring timely access to care

Visible and inspiring leadership
 Promoting diversity and inclusion
 Embedding our values and behaviours
 Encouraging local employment



INSPIRING
 PEOPLE



SUSTAINING
 OUR FUTURE

Becoming a green organisation
 Ensuring our services' financial sustainability
 Embedding value-based healthcare
 Ensuring our estate is fit for the future



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 Bwrdd Iechyd Prifysgol
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 University Health Board

Prevention & Wellbeing

- **Prevention** interventions focusing on reducing risk factors and enhancing protective factors at 3 key levels:
 - **Primary prevention** prevent the onset or development of a problem or condition – aimed at groups at higher risk
 - **Secondary prevention** lower the severity and duration of a condition through early detection and referral to appropriate interventions
 - **Tertiary prevention** reduce the impact of a condition and restore previous health and functioning

Prevention & Wellbeing – Primary Prevention

- Whole Schools Approach (*Improving Care*)
- **MH in Primary Care– an Integrated Approach** (*Improving Care*)
- Early Intervention in Psychoses
- Perinatal Mental Health
- Dementia Standards - Community Engagement & Dementia Connectors

Prevention & Wellbeing – Tertiary Prevention

- Inpatient care models and accommodation (Improving Care)
- Substance Misuse Detox Models & Pathways (*Creating Health*)
- Annual Health Checks – WISE Programme (*Creating Health*)
- Learning Disability in Primary Care and secondary acute care (*Creating Health*)
- High Intensity Rehabilitation – Inpatient (*Improving Care*)
- *Community Rehabilitation bed and community based models* (*Improving Care*)
- *Women's Trauma bed and community based models*
- Dementia Standards - Memory Assessment & Metrics (*Improving Care*)

Enablers, & Golden Threads

Enablers

- Workforce Plan
- Digital Strategy
- Data
- Estate Strategy

Golden Threads

- Quality First
- Balanced Financial Plan
- Collaboration / Co-production / Lived Experience
- Psychologically Informed Care
- Green Objectives
- Digital Solutions

Change Transformation & Change Portfolio MH & LD

Nursing Productivity

- Locum / Agency Spend
- 1-1 Care
- Inpatient Skill Mix Review

Medical Workforce Productivity

- Locum / Agency Spend
- Alternative Roles
- Productive Job Plans

Meds Management

- Understanding Opportunities / Benchmarking

Change Transformation & Change Portfolio MH & LD

Clinical Administrative Processes

- Business Admin Review and Digital Modernisation

Value Based Healthcare

- Valley Steps
- Buvidal

Low value Interactions (INNU's)

- Outpatient modernisation

Estate Rationalisation and Utilisation

- YGT
- Estates accommodation Review – community premises
- **Commercial Contracting and**
 - CHC Action Plan
 - BCBC Cost pressure

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