



Mental Health Act Monitoring Committee Meeting

**'Unconfirmed' Minutes of the follow up meeting held on 10 December 2020 at
2.00 pm
Via Microsoft Teams**

| Present | |
|-------------------------|---|
| Maria K. Thomas (Chair) | Vice Chair of the University Health Board |
| James Hehir | Independent Member of the Board |
| Mel Jehu | Independent Member of the Board |
| Phillip White | Independent Member of the Board |
| In Attendance | |
| Julie Denley | Director of Primary Community & Mental Health |
| Fiona Thomas | Locality Manager Mental Health |
| Phil Lewis | Head of Nursing for Mental Health |
| Robert Goodwin | Service Group Manager, Mental Health |
| Wendy Penrhyn-Jones | Head of Corporate Governance & Board Business |
| Kathrine Davies | Corporate Governance Manager (Secretariat) |

PART 1 – PRELIMINARY MATTERS

MHA/20/049 WELCOME AND INTRODUCTIONS

The Chair welcomed everyone to the meeting advised that the meeting had been called due to a number of reports not being received at the last meeting held on 4 November 2020.

MHA/20/050 APOLOGIES FOR ABSENCE

Apologies for absence were received from Alan Lawrie and Ceri William-Price and Kishore Kale. The Chair commented that it was crucial that there was a CAMHS and Clinical Director representation in attendance at the meetings. It was confirmed that the three ILG Clinical Directors had now been appointed and would be in attendance at future meetings.

MHA/20/051 DECLARATIONS OF INTEREST

There were none.

PART 2 - MAIN AGENDA

MHA/20/052 REPORT FROM THE MENTAL HEALTH ACT OPERATIONAL GROUP

Members **RECEIVED** the report that was presented by P. Lewis and R. Goodwin.

Members **NOTED** the following key matters highlighted:

- Meeting held on 20 November and was very well attended with good clinical representation from Mental Health, CAMHS, South Wales Police and external partners. Members queried if the Group had a work plan and whether the membership represented key attendees. It was advised that a work plan would be developed and that the membership was being looked at to strengthen medical and service user representatives.
- Conveyance of patient from hospital following assessment
The transport issue has been ongoing in all localities in relation to the length of time that AMHPs are waiting for transport to convey patients to hospital. The Welsh Ambulance service have agreed to closely monitor these transport waits and to undertake training with their call handlers. Members were advised that the one of the issues emerging was the need for data in the problem areas and work would be undertaken to resolve this.
- Availability of medical staff for Section 136 Assessments – ongoing which had resulted in the AMHP commissioning two Section 12, approved Doctors to complete the assessment. It was advised that this would be closely monitored and would be discussed with the three ILG Clinical Directors. Work would commence around a new medical staffing model in the New Year and following this an update would be brought back to the Committee.
- South Wales Police Section 136 – Noted that there had been some issues with the submissions of the forms electronically and the Group were now monitoring this moving forward.
Operational Policies - It was noted that the revised CTO policy had been approved. A draft Section 117 aftercare policy was being reviewed by Local Authority legal teams.
- Training on the use of the Mental Health Act – Dates to be confirmed in the New Year for Independent Members. Members were advised that a Hospital Managers Conference had also been provisionally booked for the 27-28 April 2021.
- Annual Appraisals for Hospital Managers – Members were advised that Hospital Managers would be offered annual appraisals and dates would be booked in for the New Year.
UK Wide Covid Benchmarking Report – Members were advised that the Group had discussed the report and it had been observed that many of the UK wide trends were being seen within CTMUHB. These included a reduction in the

number of Section 2 detentions and an increase in the use of Section 3. It was noted that the CTMUHB benchmarking report had not included CAMHS data.

- The group had suggested that future activity reports could helpfully include information on the admission of adolescences (yrs 16 - 18) onto Adult assessment wards. The Chair welcomed this suggestion.

The Committee **RESOLVED** to:

- **NOTE** the report

MHA/20/053 MENTAL HEALTH ACT QUARTERLY ACTIVITY REPORT

Members **RECEIVED** the report that was presented by R. Goodwin.

Members **NOTED** the key matters that were highlighted:

- Adult Detentions - There has been a marginal increase in total detentions, which have risen from 116 to 124 between Q1 and Q2. The number of Section 2 detentions increased from 50 to 62 with a number of Section 3 detentions reducing from 35 to 27. In terms of comparison of activity for the same period last year there was not much variation.
- Members were advised that there had been two occasions when Section 4 emergency applications were made in Q1 (one in Merthyr and one in Cynon). Both occurred during office hours when medical staff are expected to normally be available. There was a further two Section 4 applications in Q2 (one in the Rhondda and one in Merthyr). Both of which occurred out of hours. All four of these applications were converted to a Section 2 within 24 hours.
- In Q1 there were two occasions when Section 5(4) was used. Both were for the same patient in the Royal Glamorgan Hospital with one lapsing because the doctor did not attend the ward to apply a Section 5(2) doctors holding power within the required 6 hours.
- There were five occasions when the nurses holding power was used in Q2 (two in Royal Glamorgan Hospital and three in Princess of Wales Hospital). A doctor assessed all patients within the 6-hour period, two were made subject to Section 5(2) and three regraded to informal status. Both patients subject to the doctors holding power under Section 5(2) were assessed and detained under Section 2. The Chair raised concern about the understanding of the

Mental Health Act with staff on general wards and queried if this was included in their training. It was advised that Mental Health Champions were being identified and training would be provided and the ILGs and the Liaison team could pick this up around support and understanding of the Act and empowering staff in terms of decision making.

The Committee **RESOLVED** to:

- **NOTE** the report.

MHA/20/054 CONCLUSIONS DRAWN FROM SECTION 136 AUDIT

Members **RECEIVED** the report and presentation that was presented by P. Lewis.

Members **NOTED** the key matters highlighted in the presentation and report:

- 12/14 had evidence of Relapse Signatures in the contingency plan.
- 6/14 had evidence of self-help/guided techniques to support signs of relapse.
- 5/14 showed the next steps where self-help guided techniques are unsuccessful.
- 4/14 had evidence of a review of plan after Service User presented under sec 136.
- The presentation would be shared with the Pan Mental Health Analyses, Improvement and Learning Lessons Group to share learning and actions.
- An Audit tool would be developed to be able to undertake a six monthly audit across all of secondary services.
- A "template model" Crisis Plan would be developed to share with teams.
- Develop a training package to address quality Contingency Planning.
- The activity would now be presented as an annual presentation to the Mental Health Act Monitoring Committee.
- National 111 Board has been rolled out across CTM UHB and the National Collaborative Commissioning Unit are undertaking a National Pathfinder Pilot within 111 for Practitioners to be able to intervene on the walk-in floor and this would be rolled out pan Wales further down the line.

Agenda Item 2.2

- Amendment to Section 3 of the paper was required – J. Denley would discuss with P. Lewis outside of the meeting. **(Action).**

Thanks were extended to Collette Rees and Menna Holcombe for their work on the presentation.

Members **RESOLVED** to:

- **NOTE** the report.

PART 3 – OTHER MATTERS

MHA/20/055 **SPECIFIC UPDATES DUE FOLLOWING MEETING HELD ON 4 NOVEMBER 2020**

There were no specific updates.

MHA/20/056 **ANY OTHER URGENT BUSINESS**

The Chair extended her good wishes to everyone for a happy Christmas and New Year.

MHA/20/048 **DATE OF FUTURE MEETINGS**

- 9 February 2021- 2.00 pm
- 5 May 2021 – 2.00 pm
- 4 August 2021 – 2.00 pm
- 3 November 2021 – 2.00 pm