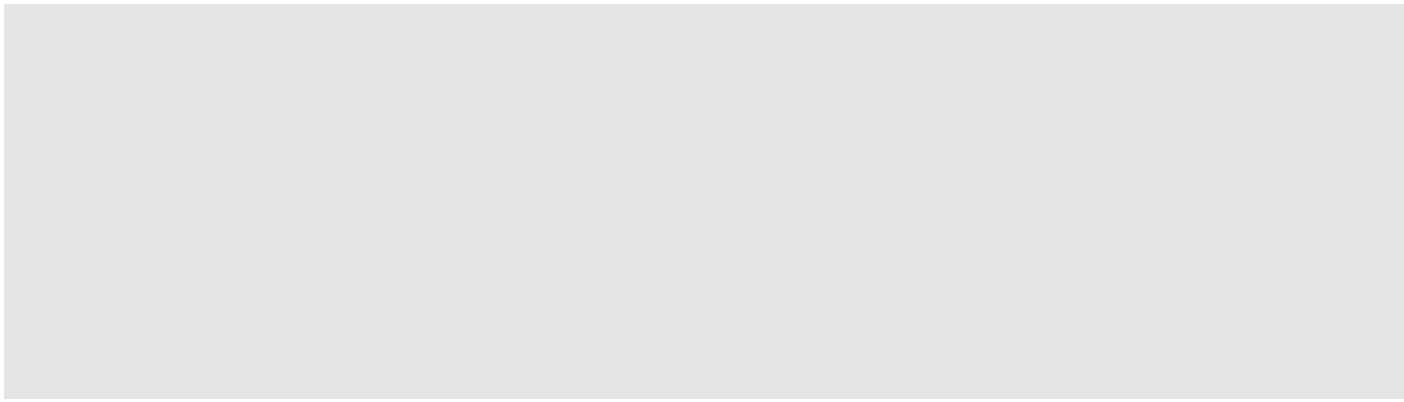


Emerging messages from the Population Needs Assessment



Structure

Target populations:

- Children and young people
- Adults and older people

Priority groups (7)

- Health and physical disabilities
- Learning disabilities and autism
- Mental health
- Sensory loss
- Unpaid carers
- Violence against women, domestic abuse & sexual violence
- + secure estate

Key themes (6)

- Economic wellbeing
- Skills and knowledge
- General health
- Housing
- Safety
- Social connectedness

Information under each theme/priority



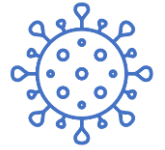
Primary measures :
Most important for
each theme, the ones
we want to impact as
a region?



Research –
Research that
provides some key
messages for this
theme?



Engagement –
What have our
communities told us
about this particular
theme?



Impact of Covid –
highlight particular
impact Covid has had
on priority
groups/need.

Formats



Full report –
Large quantity of
data and research.



Visual summary –
Visual overview of
key primary
measures.



Easy use summary –
Bullet pointed key
messages.



Executive summary –
Easy read summary for
sharing with wider
stakeholders.

Key messages and quotes

Health and physical disabilities

A – High levels of chronic conditions - asthma and diabetes rates.

B – Lack of support for people to stay safe in their homes.

C – Falls at home.

D – Dementia rates expected to increase.

E – Unhealthy behaviours continue to be higher across CTM.

Health and physical disabilities – Quotes from engagement activities

"You have to ring [The GP] at 8:30am to get an appointment that day and if you can't get through that's it."

"A friend of mine - her husband has got dementia - but I'm more worried about her mental health than his."

"Coming to this group (Alzheimer's Society's activity group in Merthyr) has been amazing, I have such a good time here"

"To be informed is very helpful, it's no good having services and not knowing about them"

"We need person centred care. I want my own doctor that knows me. The new doctors don't know me and my background. My PIP was affected and dropped because the new doctors didn't know me and my circumstances"

Learning disabilities and autism

A – Communicating and sharing information.

Raising awareness of learning disabilities and autism.

B – Lack of engagement opportunities (within communities).

Often reliant on volunteers, voluntary sector or community groups.

Loss of confidence and feeling too scared to re-engage in activities.

C – Increase in mental health concerns.

D – Behaviour support provision (outside of school setting).

E – Waiting times to access specialist services (autism).

Learning disabilities and autism – Quotes from engagement activities

"sometimes you don't even realise your lonely until you have an opportunity like this to think and talk about it. My twin sister died, my mum died, now I have no one, I look at their pictures and it makes me smile to think of the good memories, but then I look at the empty house and I feel sad again"

"My child gets anxious when they don't know somebody - this affects the whole family."

I used to do things that surprised me and others, that gave me a sense of achievement, but now, now I feel like I am barely existing, now I don't feel like me"

"I normally get to see mam and dad every Monday and it makes me happy. It was terrible in lockdown because I couldn't see them and now dad has passed away"

"Children need to learn in the right environment with people who understand them and can support them."

Mental health

A – Lack of services (across the spectrum).

B – Mental health amongst children and young people deteriorating.

C – Solitary substance misuse increased during the pandemic.

D – Waiting times for mental health services.

E – Loneliness and isolation.

Linked to a lack of community spaces and local opportunities for people to meet up, access support groups etc.

Mental health – Quotes from engagement activities

"Loneliness has changed me...I used to do so many things and go to so many places. I used to do things that surprised me and others, that gave me a sense of achievement, but now, now I feel like I am barely existing, now I don't feel like me"

"There needs to be early intervention - not tick boxes! Referral needs to be made through understanding GPs. GPs need to have a better understanding of needs of child"

"There is a two-year waiting list after referral for neurodevelopment assessment. It used to be that a paediatrician could diagnose, and so the waiting lists were smaller. Now it needs to go to a panel and could require a number of home visits."

'Why do pharmacies, particularly in lock down, make you take your meds in the main space and not the treatment room.?''

Sensory Loss

A – Increase feeling of loneliness during the pandemic.

B – Communication and access to information
Identified as a significant issue and barrier. (related to health)

C – Improved sensory loss awareness.

D – Lack of opportunities to integrate in community activities.

E – Mental health.

Sensory loss – Quotes from engagement activities

"We have little to no support or advocacy for Deaf people. A Deaf persons first language is not English. Its our second language. BSL is our first language. Websites in English are not accessible to us"

"Technology and digital isn't going to replace people and human interaction"

"There is funding for foreign language interpreters, but there doesn't seem to be enough funding for enough Deaf interpreters for Deaf people. There is not enough to meet demand"

"I had coronavirus for 3 weeks and it was really hard. I was scared and depressed. All the medical staff had PPE and I was without interpreters. Everyone had masks on so I couldn't understand what they were saying"

"I got sent a letter but couldn't read it. People are just seen as numbers."

Unpaid carers

A – Mental health concerns.

B – Burn out.

C – Need for improved and more respite care.

D – Access to relevant information (ongoing issue).

E – More support services for carers.

Carers – Quotes from engagement activities

"You worry about so many things, you worry about how you'll manage and the impact on all aspects of your life. It's a scary place to be and you've got no idea where to start, who to go to and where to go for help. Getting the right information & support makes all the difference."

"So many carers don't know their rights or entitlement to a carer's assessment. They don't know financial and practical support they are entitled to."

"We don't know where to start. Even though I work in social care, I didn't know where to go for support. I'm trying to understand the responsibility of the GP, social services, district nurses, and don't know where to turn. I'm being passed from "pillar to post"

"The social worker has disappeared - I don't know where to turn to."

"We have that right to information, advice and guidance and the right to have our voice heard and co-produce services, and the right to have a life ourselves as well."

Violence against women, domestic abuse & sexual violence

A – Reported incidents of domestic violence reduced (CTM).

Nationally, increase in demand to helpline

B – Need for more opportunities for children and young people to socialise, access support groups etc

C – Early intervention and prevention services (alternative methods).

D – More specialist support for families experiencing domestic violence.

E – Access to information and advice.

Violence against women, domestic abuse & sexual violence – Quotes from engagement activities

"There is support out there, but it's getting that message out there that we are here, that we can be that voice for you."

"Make more groups available for recovery"

"More interaction options for children that don't cost so much"

"I'm afraid, I don't want my kids taken off me...if I report him or my partner, it's going to get worse."

"Prevention and early intervention are key, but with those mechanisms for support we need to bring awareness around what that looks like."

"Just knowing there is a network there that I can turn to when I need it would be of great comfort – something that is there long term and not just a few sessions".

"I would like for there to be more support in my area for people who have experienced sexual violence. At the moment I can only ring helplines when I am feeling in need of support but it's not the same as seeing people face to face."

Reoccurring themes

A – Mental health.

Access to information and advice about services available.

Waiting times.

Lack of services to meet the need.

B – Access to appropriate information and advice (communication of information).

People not aware of the services that are currently available.

Need to be in formats that everyone can access.

C – Early intervention and prevention services.

Services that could support people before need escalates.

Introduce/expand preventative measures that will mitigate further risk.

D – Access to support, advice and opportunities that are local and easily accessed.

Available to people with disabilities, sensory impairments, immobile etc.

E – Isolation.

Feeling of loneliness.

Reduction in services that was previously available.

Population Needs Assessment

Progress and next steps

Key actions	Status
Develop main data document	In final draft
100 days of engagement	complete
Develop resource/easy use document	In final draft
Develop easy read/executive summary	Underway
Present and gather feedback from engagement groups (sense check)	February 2022
Present final documents to relevant boards	March 2022
Publish	April 2022



Any questions?

Cwm Taf Morgannwg Population Needs Assessment Adults and older people – one page profile

