

Children's Charter for Cwm Taf Morgannwg University Health Board (CTMUHB)

This is a universal charter for all children (aged 0-18 years) living within CTMUHB regardless of if they are living with their birth parents, in foster care, living independently or any other situation.

1. The right to life, good health and to be the best you can be

- a. We will provide the best possible treatment, advice and health education to help you grow up to be healthy, happy and all you can be.
- b. We will give you help and support when you need it.
- c. We shall support you to transition from paediatric to adult health services if this is needed and at an appropriate time.
- d. We shall strive to ensure you have positive experiences in CTM UHB.

2. The right to play and relaxation

- a. We will provide activities for you to relax and play if you are in hospital.

3. The right to information which you can understand

- a. We will answer your questions and give you information in a way you will understand.
- b. We will keep you informed so you can influence decisions affecting you.
- c. We will ensure the right person advises you, so you understand what you need to be healthy.

4. The right to have your say

- a. We will actively ask you what you want/ need, listen to what you think, take comments seriously, and provide feedback.

5. The right to be respected and treated fairly & with kindness

- a. You will not be judged.
- b. You will be treated kindly.
- c. We will respect your identity, sexuality, language, religion, beliefs, family background and treat you as an individual in your own right.
- d. Staff will introduce themselves to you and ask what you would like to be called.

6. The right to consent

- a. We will engage with you and will ask permission from your parents, carers or guardian when you are receiving treatment but we will always include you in what is going on. You can consent to treatment once you are 16 or understand enough to make the decision yourself.

7. The right to privacy and confidentiality

- a. We will respect your privacy, which means wherever possible we will not share your information or discuss you with others unless you want us to or if we are worried about you and then we will tell you first.

8. The right to be safe

- a. We will work actively on your behalf and do everything we can to make you feel safe and protected.

9. The right to a family life

- a. We will support your family life through allowing visits and involving family in decisions about your health (if you want us to).

10. We will do our best to get to know you and what you need

References: UN Convention on the Rights of the Child, C&YPs National Participation Standards (Welsh Gov, 2018), voice of the C&YP from Youth Workshop (Feb 2020 in CTM), The Right Way: A Children's Rights approach in Wales (Children's Commissioner for Wales, 2017) and Swansea Bay and CVUHB charters.