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CTM BOARD

CWM TAF Morgannwg Carers End of Year Progress Report 2021/22

Date of meeting	(26/05/2022)
FOI Status	Open/Public
If closed please indicate reason	Not Applicable - Public Report
Prepared by	Cerys Gamble, Carers Coordinator, Cwm Taf Morgannwg University Health Board
Presented by	Greg Dix, Executive Director of Nursing
Approving Executive Sponsor	Executive Director of Nursing
Report purpose	FOR APPROVAL

Engagement (internal/external) undertaken to date (including receipt/consideration at Committee/group)			
Committee/Group/Individuals	Date	Outcome	
CTM Carers Partnership Group	(03/05/2022)	ENDORSED FOR APPROVAL	

ACRONYMS		
СВС	County Borough Council	
СТМ	Cwm Taf Morgannwg	
СТМИНВ	Cwm Taf Morgannwg University Health Board	
IMTP	Integrated Medium Term Plan	
WG	Welsh Government	



1. SITUATION/BACKGROUND

- 1.1 In 2019, a Cwm Taf Morgannwg (CTM) Carers Partnership Group was established with member and senior officer representatives from across Bridgend County Borough Council (CBC), Rhondda Cynon Taff CBC, Merthyr Tydfil CBC, Cwm Taf Morgannwg University Health Board (CTMUHB) and the Third Sector. The CTM Carers Partnership enables the Local Authorities and the Health Board to work together to promote the wellbeing of carers and develop services to address the support needs of carers in the local population, as required under the Social Services and Wellbeing Act (Wales) 2014, which came into force in April 2016.
- 1.2 In 2019/20 the CTM Carers Partnership developed a Carers Statement of Intent which has five aims:
 - •Aim 1: Identifying Carers of all ages and recognising their contributions
 - •Aim 2: Providing up to date, relevant and timely information, advice & assistance to Carers of all ages
 - •Aim 3: Providing support, services & training to meet the needs of Carers of all ages
 - •Aim 4: Giving Carers of all ages a voice, with more choice & control over their lives
 - •Aim 5: Working together to make the most of our resources for the benefit of Carers of all ages.
- 1.3 The following three National Priorities for Carers in 2020/21 were identified:
 - Supporting life alongside caring all Carers must have reasonable breaks from their caring role to enable them to maintain their capacity to care, and to have a life beyond caring;
 - 2. Identifying and recognising Carers fundamental to the success of delivering improved outcomes for Carers is the need to improve Carer's recognition of their role and to ensure they can access the necessary support;
 - 3. Providing information, advice and assistance it is important that Carers receive the appropriate information and advice where and when they need it.
- 1.4 In March 2021, Welsh Government (WG) launched the new Strategy



for Unpaid Carers which represents their renewed commitment to improving the recognition of and support to unpaid carers in Wales. It set out WG's revised national priorities for unpaid carers, including the addition of a new priority on education and employment.

2. SPECIFIC MATTERS FOR CONSIDERATION BY THIS MEETING (ASSESSMENT)

- 2.1 The responsibilities of the CTM Carers Partnership includes the commissioning of services for carers using the WG Carers Grant which is allocated to Health Boards across Wales on an annual basis (the value of which for CTM Region in 2021/22 was £161,000.00). Health Boards across Wales are required to submit an end of year progress report to WG outlining the activities that have been undertaken to address the needs of Carers through the WG priorities and meeting the aims outlined in the funding requirements.
- 2.2 Appendix 1 contains the CTM Carers End of Year progress report 2021/22. The CTM Carers End of Year Progress Report reflects eligible activity that WG had set in the terms of the grant:
 - 1) Supporting Carers in General Practice
 Working with your partners, through the primary care clusters,
 to implement a scheme that supports health professionals
 working in primary care and community care to develop their
 Carer awareness and understanding of how to identify Carers,
 the issues that Carers face and ways of working to better support
 Carers;
 - 2) **Discharge from Hospital Planning**Taking steps to support and engage Carers in the patient's discharge planning, for example better information, advice and assistance provided to all Carers when the person they care for is discharged from hospital.
- 2.3 The development of services for Carers is a key element of the CTMUHB IMTP 2020-2023 and the Annual Plan 2020/21. The Carers End of Year Progress Report shows that despite challenges from the Covid Pandemic, we have continued to drive forward and implement projects. Some organisations have had to adapt their working practice due to the restrictions of the pandemic, for example, the mode of delivery of support groups changed to virtual meetings. The CTM Carers Partnership Group has continued to meet and key leads for Carers across the region have also held regular meetings. Working with partners, the Partnership Group has continued to provide relevant, timely information for Carers and staff delivered virtually through the Carer Champion Network which includes GP



surgeries and community pharmacies. There has been the continued development of a pilot project, working closely with partners in the third sector, to support Carers of all ages within a hospital (acute and community) setting particularly around discharge planning. This project has been extensively promoted virtually and has responded to the increased mental health and financial impact upon Carers.

3. KEY RISKS/MATTERS FOR ESCALATION TO BOARD/COMMITTEE

- 3.1 In 2022/23, we are ensuring reset and recovery of Carers Services in CTM. Lockdown for Carers has added pressure to their roles and this may increase demand on services as restrictions ease. For example, one organisation saw an increase in their referrals of 400 families in just one day. The CTM Carers Partnership Group is aware of this and the Partnership will work with them in supporting organisations across the CTM region.
- 3.2 CTMUHB will continue to work with partners to deliver national priorities to further improve the support available to Carers by focusing on issues that matter to them. This includes supporting carers to have a life beyond caring; identifying, recognising and supporting carers so that they can continue to care; and providing information and advice when they need it.

4. IMPACT ASSESSMENT

Quality/Safety/Patient Experience implications	Yes (Please see detail below)	
	Quality, safety and patient experience is a major theme underpinning the development of innovative, integrated service solutions (for example in mental health, older people's, children's services or Carers services.)	
	Governance, Leadership and Accountability	
Related Health and Care standard(s)	This Statement of Intent (available on request) has been developed by CTMUHB, BCBC, MTCBC and RCTCBC in response to WG funding that was awarded to Health Boards in 2019-20.	
	The 22 Health & Care Standards for NHS Wales are mapped into the 7 Quality Themes:	

	Staving Hoalthy
	Staying Healthy
	Safe Care
	Effective Care
	Dignified Care
	Timely Care
	Individual Care
	Staff & Resources
	http://www.wales.nhs.uk/sitesplus/docu
	ments/1064/24729 Health%20Standard
	s%20Framework 2015 E1.pdf
	The work relating to Carers takes into
	account many of the related quality
	themes.
	No (Include further detail below)
	To accomplish a superior of the superior of th
	If yes, please provide a hyperlink to the
	location of the completed EIA or who it would be available from in the box below.
Equality Impact Assessment	be available from in the box below.
(EIA) completed - Please note	If no, please provide reasons why an EIA was
EIAs are required for <u>all</u> new,	not considered to be required in the box
changed or withdrawn policies	below.
and services.	The EIA is from the previous Cwm Taf Carers
	Strategy and does not reflect the new CTM
	working.
	This will be updated in due course.
	Yes (Include further detail below)
	The Planning & Partnerships Team works
	within a framework of statutory regulation.
	The Cwm Taf Carers Strategy reflects the
	likely impact and implications of the Well-
	Being of Future Generations (Wales) Act and
	the Social Services & Well-Being (Wales) Act.
Legal implications / impact	The latter has particular implications for
	Carers as a range of requirements and duties
	under the Act will affect the way their needs
	for care and support must be assessed and met.
	The SSWB Act repealed the majority of
	community care legislation including the
	Carers Strategies (Wales) Measure 2010. The
	new Act provides a definition of a Carer as "a



	person who provides or intends to provide care for an adult or disabled child" and removes the requirement that Carers must be providing a "substantial amount of care on a regular basis."	
	Yes (Include further detail below)	
	Any resource implications to the UHB as part of the collaborative implementation of the Cwm Taf Carers Strategy and its associated Action Plans have been or will be considered as part of the prioritisation process underpinning the development of the 3-Year Integrated Plan.	
Resource (Capital/Revenue £/Workforce) implications / Impact	WG have provided transitional funding for 2016/17, 2018/19, 2018/19 and 2019/20 on the understanding that we develop proposals setting out how health, local authorities and the third sector will work in partnership to support Carers.	
	The detailed criteria for use will be discussed at the Cwm Taf Carers Partnership Group and they will make recommendations to the Transformation Leadership Group and the SSWB Partnership Board.	
Link to Strategic Goals	Creating Health	

5. RECOMMENDATION

5.1 To **APPROVE** the Carers End of Year Progress Report 2021/22, attached as Appendix 1, for submission to Welsh Government.

To **NOTE** that the Annual Report is due in WG at the end of June 2022. However, in line with previous practice which has been acceptable to WG, should the timeline of Cabinets in Merthyr Tydfil and Rhondda Cynon Taf CBCs and UHB Board meetings not fit, a draft report will be submitted, with the final version sent to WG following approval by all three partners.