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Bwrdd Iechyd Prifysgol
Cwm Taf Morgannwg
University Health Board

AGENDA ITEM 3.2

31 July 2019

University Health Board Report

CARERS ANNUAL REPORT 2018/19

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Purpose of the University Health Board Report

The purpose of this report is to seek approval for submission to Welsh Government of the Annual Report for 2018/19 in relation to the implementation of the Cwm Taf Carers Strategy 2016-19.

Governance

Link to Health Board Strategic Objective(s)

The Board's overarching role is to ensure its Strategy outlined within 'Cwm Taf Cares' 3 Year Integrated Medium Term Plan 2019-22 and the related organisational objectives, aligned with the Institute of Healthcare Improvement's (IHI) 'Quadruple Aim' are being progressed, these in summary are;

- To **improve** quality, safety and patient experience.
- To **protect** and **improve** population health.
- To **ensure** that the services provided are accessible and sustainable into the future.
- To **provide** strong governance and assurance.
- To **ensure** good value based care and treatment for our patients in line with the resources made available to the Health Board.

The report aligns specifically with protecting and improving population health; improving quality, safety and patient experience; and providing strong governance and assurance for partnership activities.

Supporting evidence

- UHB 3-Year Integrated Plan 2018-21
- Cwm Taf Carers Strategy 2016-2019

Engagement – Who has been involved in this work?

The UHB's Planning & Partnerships Team, which sits within the Planning & Performance Directorate, works across the organisation to ensure that the elements of the 3-Year Integrated Plan which can only be delivered in collaboration are reflected within and progressed via Regional plans such as the

Cwm Taf Social Services & Wellbeing (SSWB) Regional Plan and the Cwm Taf Wellbeing Plan and vice versa.

The Planning & Partnerships Team works on behalf of the Health Board with a range of external stakeholders (including the Local Authorities, Third Sector, Police, Education, community groups and special interest groups as well as the Community Health Council, service users and Carers) to plan and deliver collaborative initiatives which will embrace the ideals of co-production and improve the health and wider well-being of the population we serve.

Health Boards were given a lead role under the Welsh Government's Carers Measure to work with partners including Local Authorities, Third Sector and importantly Carers themselves. The Carers Measure has been repealed with the introduction of the Social Services and Wellbeing Act in April 2016 but as part of the SSWB Regional Implementation Plan, a Cwm Taf Carers Strategy has been developed, involving a wide range of stakeholders. There is a multi-agency Cwm Taf Carers Partnership Group. The Health Board's Carers Champion (Independent Board member) sits on the group together with a number of Health Board officers.

University Health Board Resolution To:

APPROVE	✓	ENDORSE		DISCUSS		NOTE	✓
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Recommendation	Members of the University Health Board are asked to: <ul style="list-style-type: none"> • NOTE the contents of this report and that the Annual Report is also being submitted for approval by the Cabinets in Merthyr Tydfil and Rhondda Cynon Taf CBCs. • APPROVE the Annual Report for submission to Welsh Government.
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Summarise the Impact of the University Health Board Report

Equality and diversity	The equality and diversity impact assessments and plans are to be developed for the major programmes of collaborative working. An Equality Impact Assessment (EQIA) has been produced with the Cwm Taf Carers Strategy.
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Legal implications	The Planning & Partnerships Team works within a framework of statutory regulation. The Cwm Taf Carers Strategy reflects the likely impact and implications of the Well-Being of Future Generations (Wales) Act and the Social Services & Well-Being (Wales) Act. The latter has particular implications for Carers as a range of requirements and duties under the Act will affect the way their needs for care and support must be assessed and met.
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	The SSWB Act repealed the majority of community care legislation including the Carers Strategies (Wales) Measure 2010. The new Act provides a definition of a Carer as “a person who provides or intends to provide care for an adult or disabled child” and removes the requirement that Carers must be providing a “substantial amount of care on a regular basis.”
Population Health	The Cwm Taf SSWB Regional Plan and the Carers Strategy are underpinned by comprehensive health needs assessment and contain a range of prioritised actions to improve population health.
Quality, Safety & Patient Experience	Quality, safety and patient experience is a major theme underpinning the development of innovative, integrated service solutions (for example in mental health, older people’s, children’s services or Carers services.)
Resources	Any resource implications to the UHB as part of the collaborative implementation of the Cwm Taf Carers Strategy and its associated Action Plans have been or will be considered as part of the prioritisation process underpinning the development of the 3-Year Integrated Plan. Welsh Government have provided transitional funding for 2016/17, 2017/18 and 2018/19 on the understanding that we develop proposals setting out how health, local authorities and the third sector will work in partnership to support Carers. The detailed criteria for use will be discussed at the Cwm Taf Carers Partnership Group and they will make recommendations to the Transformation Leadership Group and the SSWB Partnership Board.
Risks and Assurance	There are a number of risks associated with partnership working which are included in the corporate risk register.
Health and Care standards	The 22 Health & Care Standards for NHS Wales are mapped into the 7 Quality Themes: Staying Healthy; Safe Care; Effective Care; Dignified Care Timely Care; Individual Care; Staff & Resources http://www.wales.nhs.uk/sitesplus/documents/1064/24729_Health%20Standards%20Framework_2015_E1.pdf The work relating to Carers takes into account many of the related quality themes.
Workforce	A number of opportunities exist to develop integrated service solutions (e.g. older people’s mental health or intermediate care), the workforce implications of which are summarised within the 3-Year Integrated Plan.
Freedom of information status	Open.

CARERS ANNUAL REPORT 2018/19

1. **SITUATION / PURPOSE OF REPORT**

The purpose of this report is to present the Annual Report for 2018/19 in relation to Carers. Prior to the implementation of the SSWB Act, Health Boards were given a lead role under the Welsh Government's Carers Measure to work with partners including Local Authorities, Third Sector and importantly Carers themselves. We are required to submit an Annual Report to Welsh Government (WG) to provide an overview of the activities undertaken as part of the implementation of the Cwm Taf Carers Strategy. This requirement has been continued for 2016/17, 2017/18 and 2018/19 as part of the conditions of transitional funding from WG in place until March 2020.

The draft Annual Report is attached as **Appendix 1**.

2. **BACKGROUND / INTRODUCTION**

As part of the Regional Work programme of the Cwm Taf Social Services and Well-being Partnership Board, a new Cwm Taf Carers Strategy was developed in 2016 to replace the separate plans of partner organisations. Working with partners across Rhondda Cynon Taf and Merthyr Tydfil, including Carers themselves, the Cwm Taf Carers Strategy 2016-2019 covers Carers of all ages.

Having reviewed our current services, building on the progress made implementing the Carers Measure from 2012-2015 and taking into account the requirements of the SSWB Act as well as the views expressed during engagement and consultation with Carers and staff, we developed the following Vision:

Carers of all ages in Cwm Taf will be recognised and valued as being fundamental to supportive and resilient families and communities. They will not have to care alone and will be able to access information, advice and support to help meet their needs, empowering them to lead healthy and fulfilled lives, balancing their caring role and their life outside caring.

A Cwm Taf Carers Partnership Group has been established with Members and senior officer representatives from across Rhondda Cynon Taff (RCT) County Borough Council (CBC), Merthyr Tydfil CBC, Cwm Taf University Health Board and the Third Sector. The Carers Partnership Group will monitor the implementation of the Strategy and promote the integration of services for Carers, as required by Part 9 of the SSWB Act.

Health Boards were given a lead role under the Welsh Government's Carers Measure to work with partners including Local Authorities, Third Sector and importantly Carers themselves. Although the Carers Measure has been repealed, we are continuing to lead the Carers workstream of the Cwm Taf Regional Implementation Plan as part of the SSWB Act. We are required to submit an Annual Report to Welsh Government to provide an overview of the activities undertaken in the last financial year.

3. ASSESSMENT / GOVERNANCE AND RISK ISSUES

Throughout 2018/19, Cwm Taf UHB, RCT CBC and Merthyr Tydfil CBC have built upon the success of the previous year and continued to work collaboratively together and with other partners in improving recognition of Carers and providing appropriate information and support. The Annual Report provides an opportunity to reflect on the progress we have made to date and looks ahead to the challenges and opportunities we will face in 2018/19.

Key areas of work have included:

- The continued recruitment of and support to Carers Champions throughout Health and Social Care and the third sector, ensuring Caring Awareness is embedded into various departments and organisations;
- The provision of Carer Aware training (both via e learning and face to face) to further expand the knowledge of both Carers Champions and staff throughout the Cwm Taf region;
- The sharing of best practice at an annual Carers Champion conference held in May 2018 with a focus on Young carers and Young Adult carers.
- With partners, working to deliver the annual Action Plan;
- Continued with the Cwm Taf Partnership Group to oversee implementation of the Strategy, reporting to the SSWB Partnership Board.

In 2018/19, a piece of research on 'The development of a Cwm Taf Regional Integrated Service Model for Carers' was carried out by exploring the national and local context, good practice from across the UK, interviewing key stakeholders and reviewing the commissioning needs of the Cwm Taf region. The Welsh Institute for Health and Social Care was appointed to assist the Partnership to:

- Review the existing model of services for Carers
- Identify the most effective options for a regional integrated service model for Carers
- Complete a detailed option appraisal with clear recommendations for the consideration of the Partnership Board. Reference should specifically be made to Young Carers, Adult Carers and Respite services.
- Support the development of a detailed and costed implementation plan to pursue the agreed service option for the region.

The findings from the Review were reported to Transforming Leadership Group (TLG) and the Regional Partnership Board. Actions are being taken forward through the Regional Plan.

Funding has been available from WG for the last few years, originally to deliver the Carers Measure - whilst the funding has come to the Health Board (because under the Measure Health Boards were given the lead for implementation) the funding has to be used in partnership.

WG is providing transitional funding of £1million per annum for Wales in 2019/20 (£161k for Cwm Taf Morgannwg) to protect and build on progress to date under the Carers Measure and to support the expansion of Carers rights on the implementation of the SSWB Act. Funding will be provided on the understanding that we will work in partnership to implement the Act by:

- Strengthening the partnership approach at a local level;
- Creating opportunities to enable third sector to fully participate in the delivery;
- Setting out how we intend to plan and deliver the increased responsibilities for health and the new responsibilities for local authorities;
- Ensuring this transitional funding is used as the means to embed the practice of mainstreaming Carers' needs, so it is common practice.

Next steps 2019/20:

The Cwm Taf Carers Strategy has identified priority areas for investment going forward under the following 5 aims. A detailed Action Plan was developed for 2018/19 and the plan for 2019/20 is being finalised.

The Aims for the Cwm Taf Carers Strategy are:

- *Aim 1: Identifying Carers of all ages and recognising their contributions*
- *Aim 2: Providing up to date, relevant and timely information, advice & assistance to Carers of all ages*
- *Aim 3: Providing support, services & training to meet the needs of Carers of all ages*
- *Aim 4: Giving Carers of all ages a voice, with more choice & control over their lives*
- *Aim 5: Working together to make the most of our resources for the benefit of Carers of all ages*

Welsh Government have 3 National Priorities for 2019/20 that we also have to implement along with the Cwm Taf Carers Strategy:

1. Supporting life alongside caring – all Carers must have reasonable breaks from their caring role to enable them to maintain their capacity to care, and to have a life beyond caring;

2. Identifying and recognising Carers – fundamental to the success of delivering improved outcomes for Carers is the need to improve Carer’s recognition of their role and to ensure they can access the necessary support;
3. Providing information, advice and assistance – it is important that Carers receive the appropriate information and advice where and when they need it.

Welsh Government have stipulated, with regards to the Carers allocation for 2019/20

- In relation to Identification and Recognition:

It is expected that you work with partners to implement a scheme which supports GP practices to develop their Carer awareness and ways of working to support Carers.

In Cwm Taf, we are implementing an accreditation scheme with Agored Cymru in GP practices. Work will continue with Carers champions in primary care to roll out this programme.

- In relation to Information, Advice and Assistance (IAA):

Discharge from hospital has been identified as an area where support for Carers needs to be improved. There is a need to improve IAA provided to all Carers following discharge from hospital of someone who is cared for. This includes involving Carers in developing any discharge plans.

4. **RECOMMENDATION**

Members of the University Health Board are asked to:

- **NOTE** that the Annual Report is due in WG at the end of May 2019. However, in line with previous practice which has been acceptable to WG, should the timeline of Cabinets in Merthyr Tydfil and Rhondda Cynon Taf CBCs and Board meetings not fit, a draft report will be submitted, with the final version sent to WG following approval by all three partners.
- **APPROVE** the Annual Report for submission to Welsh Government.

Freedom of information status	Open.
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