



INNOVATION SHOWCASE IN CAREHOMES

13TH OF MAY

Anwen Care Home

HOW DO YOU MAKE YOUR RESIDENTS HAPPY?

To bring happiness to our residents, the wellbeing team created 'Anwen bakery' at our home. We transformed space into a real-life bakery setting, this stimulated senses, provoked visual satisfaction and implemented a form of escapism within the care home.

The bakery was designed to make residents feel as though they are in a bakery, therefore we motivated residents' senses through taste, sight, smell and sound. The residents played an active role in the bakery where they had the chance to make their own bread and pastries. This activity was also related to reminiscence therapy, as most residents would have spent a lot of time being at home in their younger days.

The bakery was well designed and featured a holistic and authentic details to make it an enjoyable experience for the residents. After baking, the residents enjoyed eating the goods whilst socialising in the coffee shop area, which was designed by the wellbeing team.

HOW DID YOU DO IT?

'Anwen Bakery' was a collaborative effort, we intended to make the space as authentic and believable as possible. The bakery was designed to awaken residents' senses, therefore the bakery featured realistic details such as a bakery sign, coffee cups labelled as 'Anwen bakery', red and white striped facade to mimic a real-life bakery setting, the space had a backdrop of bread and pastries stacked up and an oven so that residents could smell bread cooking.

WAS THERE ASSOCIATED COSTS & RECOURCES?

Yes, funding was secured by our wellbeing department budgeted, ingredients for the bakers was purchased along site the oven. We hand made and produced the decoration by ourselves.

WHAT ARE THE BENEFITS?

Benefit One

Improving residents' mental wellbeing by stimulating their senses.

Benefit Two

The space encouraged socialisation to combat isolation.

Benefit Three

It produced a strong sense of accomplishment by making the products for the bakery.



'Anwen Bakery' was a unique and innovative experience that helped to stimulate residents who have dementia.

Abbie Edwards and Zoe Pickett

Wellbeing coordinator

