



Bwrdd Iechyd Prifysgol
Cwm Taf
University Health Board

CROESO WELCOME

#CTMFORCESHEALTH



INFORMATION



FIRE NOTICE: Please use fire exits as directed by a member of staff.

FIRE MEETING POINT: Front Carpark (ZONE 1)

WIFI Access

Network: **Three_6E7D9A**

Password: **2wH3tXu233z2335**





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VETERANS (RCT)



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University Health Board

Health & Wellbeing Day

For veterans, their families & the wider armed forces community in CTM

| Time | Agenda Item | Presenter/s |
|---------|--|--|
| 9:30am | Welcome | <ul style="list-style-type: none"> • Philip Daniels: Executive Director for Public Health, Cwm Taf Morgannwg University Health Board (CTM UHB) • Councillor Maureen Webber: Armed Forces Champion, RCT CBC |
| 9:35am | Opening Keynote | <ul style="list-style-type: none"> • Peter Vaughan QPM CStJ: HM Lord-Lieutenant of Mid Glamorgan |
| 9:45am | Improving The Veteran Experience Across Primary, Community and Hospital Care | <ul style="list-style-type: none"> • Dr Lee Thomas (GP): Newpark Surgery, Talbot Green, RCT • Dr Dom Hurford: Medical Director, CTM UHB |
| 9:55am | My healthcare experience and needs as a CTM veteran | <ul style="list-style-type: none"> • Paul Bromwell MBE: Founder of Valley Veterans • Steve Roberts: Trustee, Valley Veterans |
| 10:15am | Coffee and Conversation - Meet our Veterans | |
| 10:45am | Rehabilitation Through Adventure | <ul style="list-style-type: none"> • George Matthews: CEO, 65 Degrees North (Charity) • Ben Lukowski: Charity Trustee & double gold medallist at Invictus Games 2025 |
| 11:05am | Marketplace | |
| 12:10pm | Raffle | Donated by Tesco Talbot Green, Community Champion Scheme & 'Afternoon Tea for Two' donated by Nik Panayi, Subway |
| 12:15pm | "I served" (video) - A moment to honour those who served in CTM | • Introduced by Nigel Locke, Secretary, Valley Veterans |
| 12:20pm | Closing Remarks | <ul style="list-style-type: none"> • Paul Mears: Chief Executive, CTM UHB • Colonel David Hammond: Chair of Trustees, Valley Veterans |
| 12:30pm | Lunch and networking | |



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Opening & Welcome



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Philip Daniels

Executive Director for Public
Health, Cwm Taf
Morgannwg University
Health Board (CTM UHB)



Councillor Maureen Webber

Armed Forces Champion
RCT CBC





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Opening Welcome

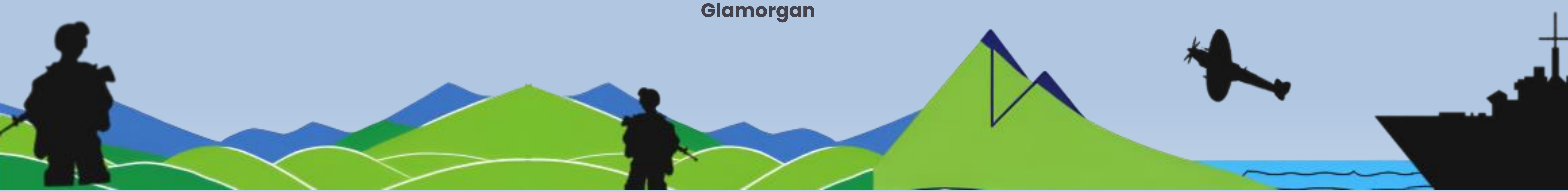


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Peter Vaughan
QPM CStJ

HM Lord-Lieutenant of Mid
Glamorgan





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ELUSEN GIG | NHS CHARITY



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Improving The Veteran Experience Across Primary, Community and Hospital Care



Dr Lee Thomas

GP: Newpark Surgery,
Talbot Green RCT



Dr Dom Hurford

CTM Medical Director





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Primary Care and Veterans





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GIG CYMRU NHS WALES

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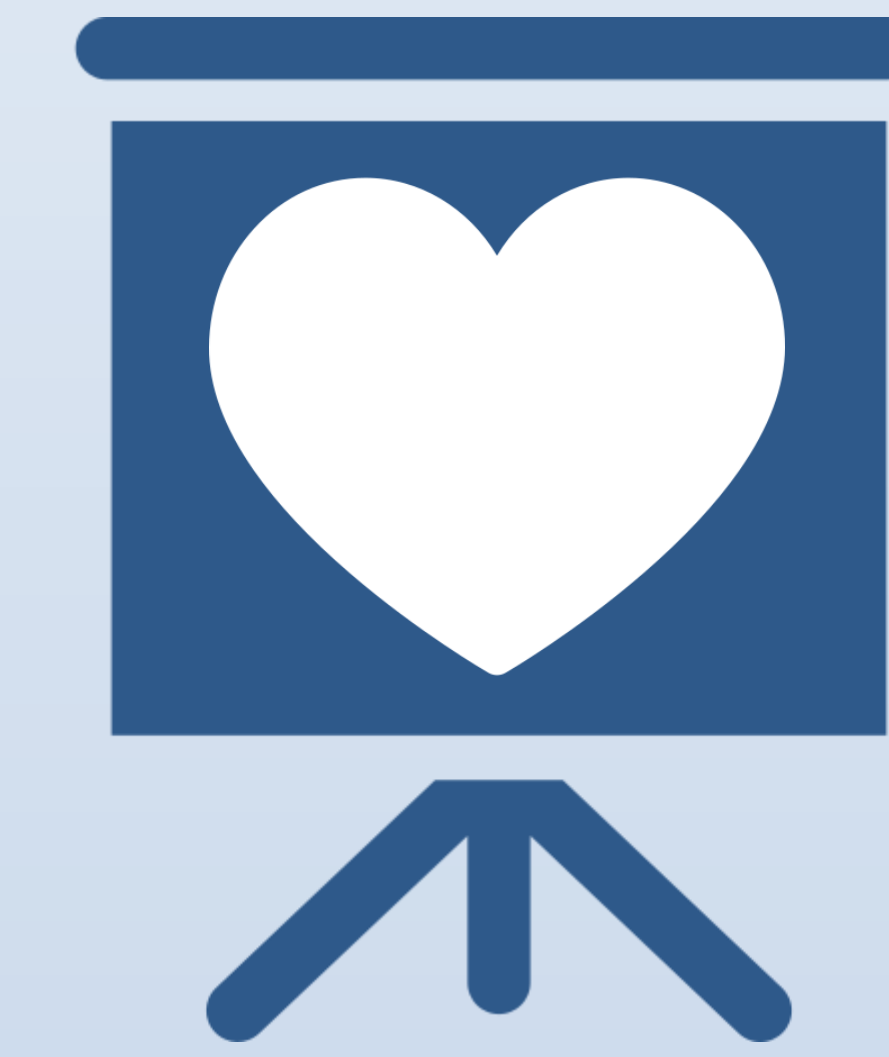
Working Together to Develop CTM Services



Listen & Learn



Understanding Veterans' Needs



Available Services



My healthcare experience and needs as a CTM veteran



Paul Bromwell MBE

Founder of Valley Veterans



Steve Roberts

Trustee, Valley Veterans



My healthcare experience and needs as a CTM veteran



Paul Bromwell MBE

**Founder of Valley
Veterans**



My healthcare experience and needs as a CTM veteran



Steve Roberts

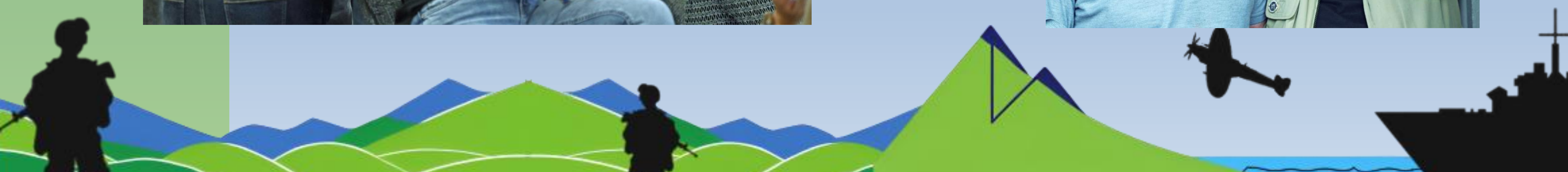
Trustee, Valley Veterans



COFFEE AND CONVERSATION



MEET OUR VETERANS



Guest Speakers: 65 Degrees North 'Rehabilitation Through Adventure'



George Matthews

CEO, 65 Degrees North



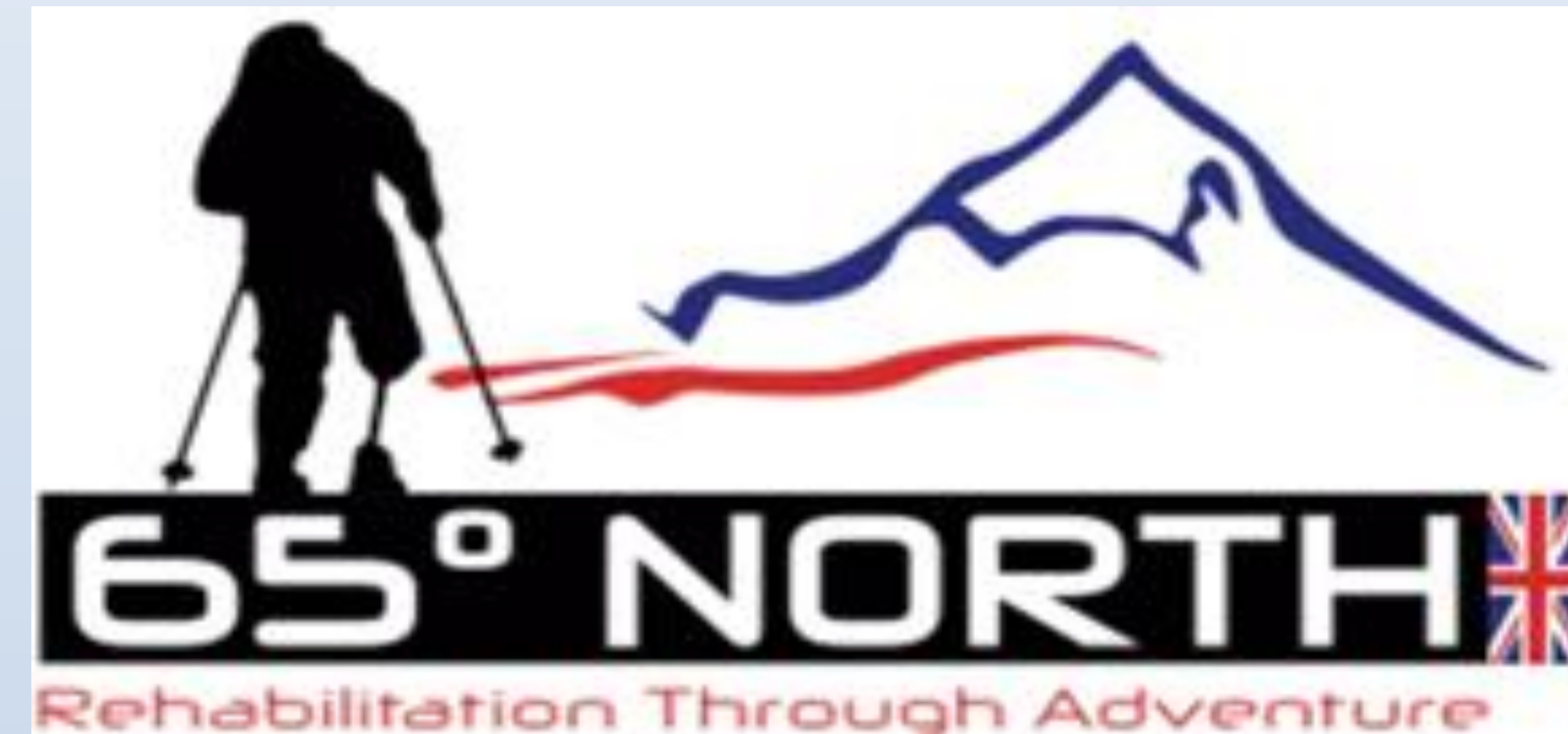
Ben Lukowski

Charity Trustee & Double
Gold Medalist at Invictus
Games 2025



'Rehabilitation Through Adventure'

- Who are we?
- Who do we work with?
- What do we do?





**MOUNT VINSON,
ANTARCTICA 2017**



GREENLAND 2015



DENALI, ALASKA 2018



**ACONCAGUA
ARGENTINA 2018**



**MOUNT EVEREST
2019**



JOGLE 2019



PILGRIMS' RIDE 2022



NORTHERN ODYSSEY 2024



MUNDA BIDDI AUSTRALIA 2018

From life-altering injury to sporting excellence



Ben Lukowski

Charity Trustee & Double
Gold Medalist at Invictus
Games 2025





Questions

Contact: George.Matthews@65degreesnorth.org



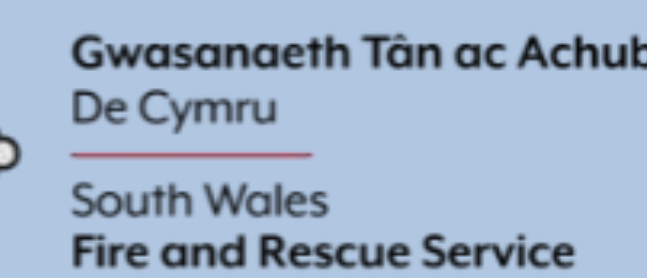
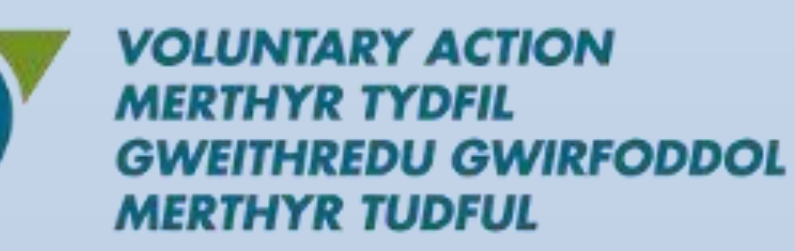
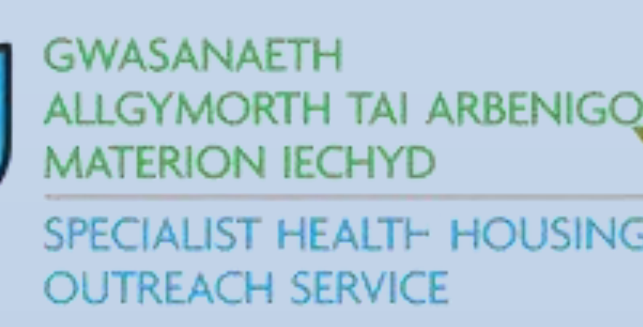
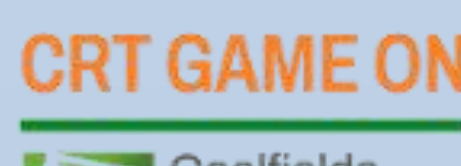
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MARKETPLACE



RAFFLE



Prizes kindly donated
by:

TESCO

Talbot Green

and



Llanerch Vineyard



Closing Remarks



Paul Mears

**Chief Executive, Cwm Taf
Morgannwg University
Health Board**



**Colonel David
Hammond**

**Chair of Trustees, Valley
Veterans**





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Diolch enfawr i'n holl bartneriaid digwyddiadau Huge Thanks To All Our Event Partners



Cwm Taf Morgannwg
ELUSEN GIG NHS CHARITY



Bridgend Association of Voluntary Organisations
Cymdeithas Sefydliadau Gwirfoddol Pen-y-bont ar Ogwr



GWASANAETH ALLGYMORTH TAI ARBENIGOL - MATERION IECHYD
SPECIALIST HEALTH- HOUSING OUTREACH SERVICE



VOLUNTARY ACTION MERTHYR TYDFIL
GWEITHREDU GWIRFODDOL MERTHYR TUDFUL



HARVEY BAKER SOLICITORS



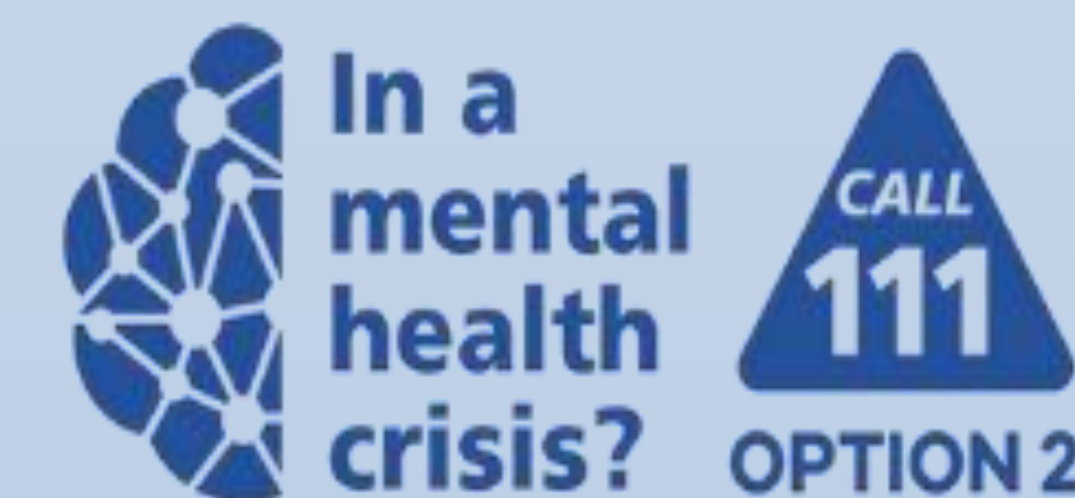
DON'T FALL FOR IT!
CWM TAF MORGANNWG FALLS PREVENTION SERVICE



Adran y Gaplaniaeth a Gofal Ysbrydol
Department of Chaplaincy & Spiritual Care



CWM TAF Care & Repair



DIABETES UK
DEALL DIABETES. BRWYDRO DIABETES. KNOW DIABETES. FIGHT DIABETES.

CYMRU



Cwm Taf Morgannwg Partneriaeth Rhanbarthol Regional Partnership



age connects morgannwg.



Gwasanaeth Tân ac Achub De Cymru
South Wales Fire and Rescue Service



Nutrition Skills for Life



Sgiliau Maeth am Oes



Bridgend County Care & Repair



CRT TOGETHER





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Cwm Taf Morgannwg
ELUSEN GIG NHS CHARITY

Diolch yn fawr – Thank you

Please join us for lunch

