

#DRYMESTER

FASD IS CAUSED

BY ALCOHOL
EXPOSURE DURING
PREGNANCY

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FETAL
ALCOHOL
SPECTRUM
DISORDER



CONDITIONS INCLUDE

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Limb
damage

Bone
formation
defects



Brain damage

Heart defects

Kidney damage

428 conditions can co-occur with FASD,
everyone is affected differently.

CONDITIONS INCLUDE

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Learning
difficulties

Problems in social understanding

Problems in
memory, attention
or judgement

Poor impulse
control

Problems with
time, money
or maths

Problems receiving
and processing
language

428 conditions can co-occur with FASD,
everyone is affected differently.



CONDITIONS INCLUDE

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Smooth ridge
between the
upper lip and
nose



Small and
wide-set eyes

Thin upper lip

Less than 10% of those with FASD will have these recognisable facial features.

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CONDITIONS INCLUDE

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Small head
circumference

Facial
distinctions
– low set ears

Below average
height and
weight



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everyone is affected differently.

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The SIGN Guideline, children and young people exposed prenatally to alcohol (PAE), based upon 3 meta analyses, states:

Prevalence of FASD in the UK rising to 32.4 per 1,000 (95% CI 20.0 to 49.0) making neurodevelopmental disorder related to PAE one of the commonest preventable causes of impairment.

32.4/1000 is 3.24%

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That's the equivalent of

173

**births per year in the
Cwm Taf Morgannwg UHB area.**

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KNOW THE EXPERT ADVICE

If you're pregnant or planning to become pregnant, the safest approach is **not to drink alcohol at all** to keep risks to your baby to a minimum.

UK Chief Medical Officers

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For more information visit
www.drymester.org.uk
or speak to your midwife who
can advise and support you

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